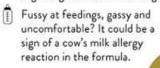
# **BABY DOOP**

### GREENISH TAN

- Normal poop can be greenish tan.
- Can also signal teething or that baby is getting over a stomach bug.

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### DARK GREEN

Sometimes the iron in baby formula can cause darken baby poop - this isn't a reason for concern.

### WHITE

Chalky, whitish or gray baby poop can be a sign the liver isn't functioning correctly. Call the pediatrician.

### GRAY

- (-) Eating solids? Poop may be gray depending on what your child eats.
- If baby hasn't started table food, assess, as it could indicate a liver or gallbladder problem.

### JUST BROUGHT HOME A NEWBORN?

Healthy stools should be:





### BRIGHT GREEN

If stool is frothy, it could mean that baby is getting too much foremilk, and not enough fatty hindmilk.

### FEEDING METHOD



Formula fed baby



Breastfed baby



All babies (breast & formula)

Could be a result of medications or food eaten by Mom.

## MUSTARD

( Normal for infants.

### ORANGE

- Solid foods can result in orangecolored baby
- If Mom has been on medication or eats artificially colored foods (dyes may make their way into breast milk).
- Doesn't generally indicate problems, but if worried, call your pediatrician.

### RED

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Newborns: If stool is still black by day three, it may be a sign baby is not getting adequate nutrition or digesting milk properly.

BLACK

CHART

the **BUMP** 

- Older baby: Could be caused by iron in diet, which is no big deal.
- If baby is not taking an iron supplement, it could be a sign of GI tract bleeding. See a doctor.

- Flecks of red are generally not a big deal. Red flecks might also appear if baby is constipated and straining too hard to poop.
- Red may be tiny amounts of blood baby swallowed from cracks in your nipple.
- If baby is eating table foods, you may have to play diet detective to suss out any food culprits.
- Bloody or bright red stools may indicate an infection, allergy, GI injury or other medical concern - address immediately.