

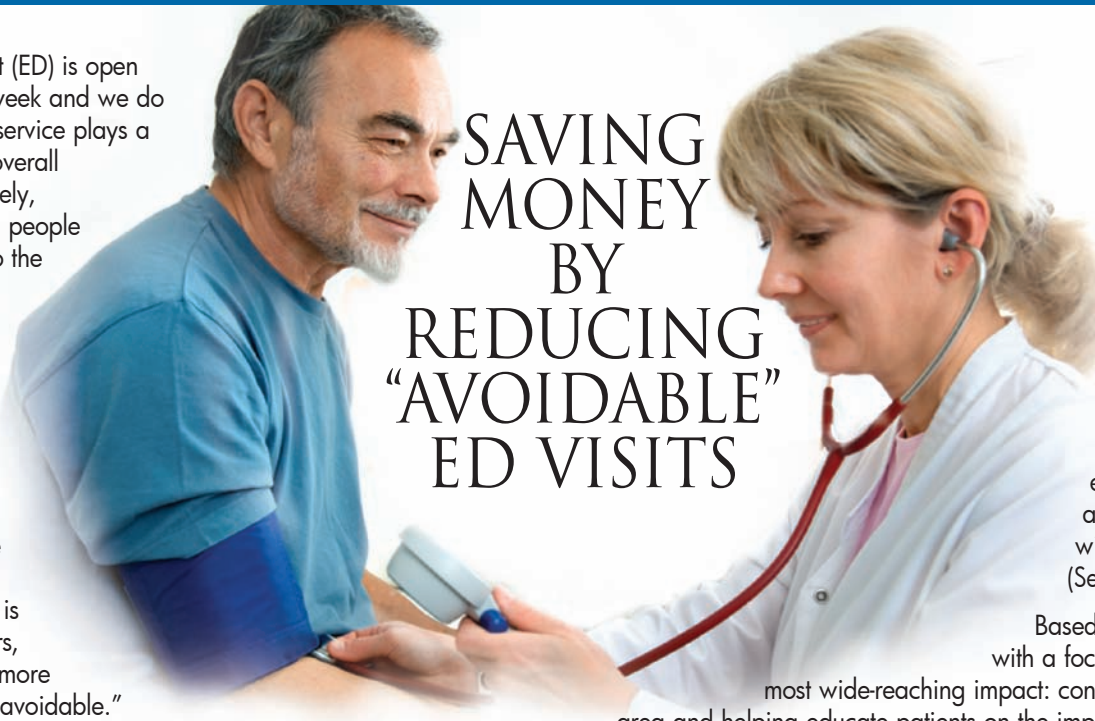
Copley's Emergency Department (ED) is open 24 hours a day, seven days a week and we do not turn away any patient. This service plays a crucial role in our community's overall healthcare system, providing timely, critical care close to home when people need it most. Some also come to the Emergency Department for treatment of non-emergency illnesses and conditions that could be treated by a primary care physician (PCP) or family doctor. They do so for a variety of reasons: perhaps because they do not have a family physician, or do not have insurance, or the only time they have transportation or childcare is after their physician's office hours, or simply because they feel it is more convenient. We call such visits "avoidable."

Because emergency care is more costly, reducing the number of avoidable visits to the ED can help reduce the rising costs of healthcare in our community.

As part of Copley Hospital's Community Needs Assessment and the Copley Service Area Blueprint for Health program, Copley, in conjunction with other area healthcare providers, social service organizations and community leaders, created a quality improvement initiative to help reduce the number of avoidable visits to the ED. With a patient's permission, Copley already provides the patient's PCP with discharge and diagnosis information regarding their treatment in the ED. This is done so that the PCP may provide proper follow-up care and help the patient better manage any ongoing condition. Our collective goal is to do more to reduce the rising costs of healthcare.

Data Driven Initiative

The hospital first established benchmark data, tracking the total number of visits, number of visits with patients that had a PCP and number of visits with patients without a PCP quarterly over the past three years. We also tracked the number of visits considered "avoidable," meaning the visit was for a problem that was not an



SAVING MONEY BY REDUCING "AVOIDABLE" ED VISITS

emergency and was medically minor in nature and needed simple, limited services that are typically available in a PCP's office.

Of all the visits to Copley's Emergency Services in that time period, an average of 400 visits every quarter were done when the patient did not identify a PCP. Of the ED visits considered "avoidable," meaning they were not an emergency visit, an average of 18 visits per quarter were with patients without a PCP. A higher percentage of the "avoidable" visits – an average of 45 visits per quarter, were with patients that did identify a PCP. (See graphs on back page).

Based on this data, we developed our initiative with a focus on two goals that would have the most wide-reaching impact: connecting patients to a PCP in our service area and helping educate patients on the importance of calling their PCP first for non-emergency concerns.

Helping Patients Get a Primary Care Physician (PCP)

Copley's Patient Access team worked closely with the local Blueprint Community Health Team to create a process to help connect patients with a PCP. When registering in the ED, every patient is asked if they have a PCP. When a patient residing in our service area responds that they do not, they are asked if they would like help in securing a PCP. If the patient says yes, they give Copley permission to share their contact information with a member of our area's Community Health Team (CHT). A member of the CHT then contacts the patient to connect with them a PCP that is accepting patients.

We are reaching our three month mark with this process. So far 65 patients have been referred to the CHT for assistance in connecting with a PCP. Of that group, 29 patients spoke with the CHT member and received PCP information. An additional 23 patients received a letter after they could not be reached by phone. The CHT has shared that all 29 of the patients that received PCP information wanted to call the physician's office themselves to make the appointment.

Continued on back page

COPLEY CLOSE-UP

Dr. Anne Stohrer and Dr. William Ellis are board certified OB/GYN specialists. Each brings more than 25 years experience to Copley's women's health services. They share the same philosophy in that the needs of the woman comes first.

Anne Stohrer, MD, MPH

Dr. Stohrer holds a Masters in Public Health from the Harvard School of Public Health, completed her residency and internship at Barnes-Jewish Hospital and earned her medical degree from the Medical College of Virginia.



William Ellis, MD

Dr. Ellis completed his internship and residency at St. Louis University Hospitals in St. Louis, Missouri and is a graduate of the Medical College of Virginia.

Where did you grow up?

I grew up in the Panama Canal Zone.

What is your favorite food?

Oh, it's most definitely sushi; was spaghetti with meat sauce before I had my heart surgery.

What are your top three hobbies?

I have a love for the outdoors; hiking, biking and gardening.

What is your favorite holiday and why?

Christmas! It is a time of light in a season of darkness.

Why OB/GYN?

I love what I do. It is an honor and a privilege to care for women as an OB/GYN.

What's the most rewarding part of your job?

I would have to say empowering women.

What made you choose to work at Copley?

Copley's reputation and my experiences of working at Copley as a traveling doctor.

Where did you grow up?

I spent a number of years in Arlington, Virginia.

What is your favorite food?

Anything with Maple Syrup – Dark Amber; grade C – yes!

What are your top three hobbies?

Most certainly it's outdoor activities; hiking, kayaking and biking.

What is your favorite holiday and why?

Christmas! It's all about family gatherings.

Why OB/GYN?

I enjoy the opportunity to share my expertise with women especially as they go through the various stages of life. Another wonderful part of my job is assisting and welcoming new life into the world.

What's the most rewarding part of your job?

Helping women through a challenging and rewarding experience.

What made you choose to work at Copley?

Copley's exceptional patient focused midwifery Birthing Center and OR staff.

SAVE THE DATE

Copley Health Systems

ANNUAL MEETING

Open to All
Monday, January 14th
5:30 pm

Stonegrill Restaurant,
Banquet Room, Morrisville

Agenda:

- Election of Corporate Members
 - Amendments to Bylaws
 - Election of Governance Committee Member-at-Large

Please RSVP to 888-8157 so we may plan for refreshments.

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COMMUNITY UPDATE

Trustees

- Michael Alexander**
Stowe
- Henry Binder, MD**
Stowe
- Willa Farrell**
East Hardwick
- Sharon Green, Secretary**
Morrisville
- Patrick Keith, MD**
Morrisville
- Elaine Nichols**
Stowe
- Melvyn Patashnick, Copley CEO**
Morrisville
- Nancy Putnam, Treasurer**
Jeffersonville
- Elizabeth Rouse**
Hyde Park
- Janice Roy**
Wolcott
- Brian Smale, MD**
Morrisville
- John Steel, Vice President**
Stowe
- Richard Westman**
Cambridge
- Dana Wildes, Chair**
Morrisville
- David Yacovone**
Morrisville

Senior Management Team

- Melvyn Patashnick**
President
- Leah Hollenberger**
Vice President Development, Marketing & Community Relations
- Rassoul Rangaviz**
Chief Financial Officer
- Carolyn Roe, RN**
Vice President Patient Care Services
- Joel Silverstein, MD**
Chief Medical Officer
- April Tuck**
Vice President Human Resources & Corporate Compliance
- Greg Ward, RRT**
Vice President Health Information, Technology, and Facilities

Our Vision

Copley Health Systems leads in providing lifelong comprehensive quality care with wellness at its core, and works collaboratively with our community to provide needed health care services.

Our Mission

Copley Hospital is a not-for-profit healthcare provider whose purpose is to improve the health status of the people of the community by providing the highest quality of care regardless of the ability to pay.

Our Core Values

- Compassion and respect for human dignity
- Commitment to professional competence
- Commitment to a spirit of service
- Honesty
- Confidentiality
- Good stewardship and careful administration

Copley Health Systems
528 Washington
Highway
Morrisville, VT 05661
802-888-8888
www.copleyvt.org

The Copley Courier is published quarterly by the Community Relations Department.



I am often reminded of the wonderful care our staff provides through notes of thanks, surveys and conversations with patients and their families. I am proud of our staff. While constant challenge is the one consistent theme confronting hospitals across the country, staff compassion, skill and personal pride are the consistent themes apparent in the care Copley's team provides.

On November 15th The Green Mountain Care Board (GMCB) approved Copley Hospital's FY2013 budget. Through the process, we had good discussions around the two allowable exemptions we requested regarding the transfer of The Women's Center from the community's Federally Qualified Healthcare Center to Copley Hospital and the employment of an orthopedic surgeon currently in private practice who already performs the majority of his surgeries at Copley. The Women's Center will become a practice of Copley Hospital at the end of this year.

The Board (GMCB) was also interested in learning more about shared decision making. This is a collaboration between a patient and their care provider to agree about a health care decision. Orthopedic Surgeon Bryan Huber, MD shared examples of Copley's practice of shared decision making. In shared decision making, care givers provide information about the full range of treatment options along with the risks and benefits of each option and potential outcomes. Patients are encouraged to think about what is best for them and their family and participate fully in selecting the treatment option that is best for them. As one of our physicians describes it: "My role is to provide expert information and guidance to help each patient make the decision that is best for them." In addition to information provided by our physicians, additional resources can be requested through

Copley Hospital's Health Sciences Library. There's more information online at copleyvt.org.

I'm saddened to share with you news that Dr. Eric Mullins is leaving Mansfield Orthopaedics. Eric shared with me that this was a difficult decision but one made in mind with what was best for his family. Eric will be with Copley and Mansfield Orthopaedics through April. We are working with Eric to provide a seamless transition for his patients. Eric has made numerous contributions to Copley since he joined us in 2005. We thank him for the dedication and hard work he's done on behalf of Mansfield Orthopaedics and Copley Hospital. Please join me in wishing Eric and his family well. In the immediate future, we are exploring our options, taking into consideration our current orthopedic strengths, community needs, and the state's framework for healthcare reform.

This is the time of year we make gifts to people and organizations that make a difference in our lives. Now in our 80th year, Copley Hospital continues to serve our community thanks to the support of citizens like you. Thank you for making a difference in the health of our community.

If you have any questions regarding this edition of the Courier, or other matters relating to Copley, please contact me at 888-8157. I look forward to seeing you at the Annual Meeting on January 14th.

Happy Holidays.

Melvyn Patashnick
President & CEO

Melvyn Patashnick

ANNUAL FUND FOCUSES ON HEART DISEASE AND CHARITABLE CARE

Every day Copley professionals treat the sick and injured, provide diagnostic tests, and welcome new babies, providing expert, compassionate care. That care is supported by gifts to Copley Hospital's Annual Fund. This year, funds raised will help Copley's cardiology, chaplaincy and charitable care programs.

Heart disease is one of the top causes of death in Lamoille County and one of the most common conditions requiring hospitalization. Your gift to the Annual Fund will help fight this statistic by helping Copley purchase a gamma camera which is needed in cardiology.

Cardiologist Adam Kunin, MD uses the camera to determine how various organs in the body are functioning. At Copley, more than half of the tests performed in our Nuclear Medicine use the gamma camera for heart imaging. Dr. Kunin uses the camera during cardiac stress tests to evaluate how ones heart is performing during exercise (stress) and when at rest. The images allow Dr. Kunin to see how blood is flowing through the heart. In addition to Cardiology, Copley's Oncology also uses the gamma camera for critical diagnostic images. The camera will improve patient care and safety by reducing testing time as well as the radiation dose.

For more than 80 years, community support has helped Copley provide charitable care for those unable to pay their medical bills, purchase needed medical equipment and renovate patient care areas. Such support enables Copley to provide excellent care close to home regardless of ability to pay.

Gifts to Copley Hospital's Annual Fund can be made online at www.copleyvt.org, by calling 802-888-8301, or by completing the below reply slip and mailing to Copley Hospital Development Office, 528 Washington Highway, Morrisville, VT 05661.



Your support helps us to be here when neighbors need us the most.

Return this card to:
Copley Hospital – Development
528 Washington Highway
Morrisville, VT 05661

Yes, I will show my support in honor of **Copley's 80th Anniversary**

\$80 \$40 \$20 Other: _____

Check enclosed (Please make the check payable to **Copley Health Systems, Inc.**) or Visa / Mastercard / American Express

Credit Card # _____ Expiration Date _____

Name _____

Address _____

Town _____ State _____ Zip _____

E-Mail _____

Check if you wish to remain anonymous

Please send me information on how to include Copley Hospital in my will

Celebrating
80 YEARS!
1932-2012

WELLNESS CENTER

A calendar of classes and screenings to help you live a healthier life

Register in advance online at copleyvt.org/wellnessclassesandevents or call 888-8369.

DIABETES EDUCATION

You & Your Diabetes

1:1 Consultations

Call 888-8226 for an appointment

Diabetes can cause long-term health problems. Work one on one with Copley's Certified Diabetes Educator to learn how to control your blood sugar and reduce the impact diabetes can have on your health. Copley's Diabetes Educator works in coordination with your physician.

FOR A HEALTHIER YOU

Healthier Living

Workshops

The Healthier Living Workshop is an evidenced-based program that has been proven to improve your quality of life, and reduce unscheduled visits to your healthcare provider and admissions to the hospital. Classes are free of charge and open to family members and caregivers.



You will learn:

- how to deal with frustration, pain, fatigue, and isolation
- exercise techniques for maintaining and improving strength, flexibility, and endurance
- use of medications
- how to communicate with health professionals, family, and friends
- nutrition and healthy lifestyles... and more!

Upcoming workshops include:

Morrisville

March 6 – April 10

5:30 – 8:00pm

Copley Hospital

Wellness Center

Cambridge

April 15 – May 20

1:00 – 3:30pm

Cambridge

Health Center

Hardwick

April 15 – May 20

6:00 – 8:30pm

Hardwick Health Center

To register for one of the above classes, or for more information contact Copley Hospital's Wellness Center at 888-8369.

LIFE SKILLS

HeartSaver for Beginners

January 22nd

March 26th

6:30 – 8:30pm

Fee: \$30.00

This American Heart Association basic life support course covers adult, child, and infant CPR. Class also includes Automated External Defibrillator (AED) training.

Recertification Class

February 26th

6:30 – 7:30pm

Fee: \$15.00

Community Based First Aid Course

March 12th

6:00 – 9:30pm

Fee \$30.00

Meets OSHA, state or employer requirements for individuals to possess knowledge of immediate first aid.

AARP Driver Safety Program

January 29th

8:30am – 1:00pm

Copley Hospital

Fee: \$12.00 AARP member

/ \$14.00 AARP non member

This one-day, four-hour course is designed for drivers age 50 and older.

PARENTING PROGRAMS

Childbirth Education Classes

January 10th – February 21st

February 21st – April 4th

6:00 – 8:00pm

Fee: \$110.00 (covered by most insurance plans)

Join other expectant parents for this six-week class. You'll gain knowledge, confidence and increased comfort so you can be actively involved in the birth experience. You'll also learn basic infant CPR and valuable nutritional information for mom and newborn.

Infant CPR Instruction and Nutrition Education

February 21st

6:00 – 8:00pm

Fee: \$10.00

Learn basic infant CPR instruction and nutritional information.

Car Seat Fitting Station

Tuesdays and Thursdays by Appointment Only

Free

Registration required, call 888-8304

Four out of 5 car seats are not installed properly. Have your child's car seat inspected and installed by a Copley Hospital certified child passenger safety technician.

REHABILITATION PROGRAMS

Cardiac Rehabilitation

Call 888-8230 for an appointment

This twelve-week comprehensive outpatient program improves your quality of life following heart events.

Pulmonary Rehabilitation

Call 888-8230 for an appointment

If you live with a disease affecting the lungs, pulmonary rehabilitation can help you.

TOTAL JOINT CLASS

Tuesdays January 15th, February 19th and

March 19th

1:00 – 3:00pm

FREE

Registration required, 888-8405

Learn what to expect before, during, and after total joint surgery. You don't need to be scheduled for surgery to attend.

SUPPORT GROUP

Breathe Easier Support Group

Wednesdays January 9th, February 13th

and March 13th

3:00 to 5:00pm

Free

Call 888-8637 to register

A monthly support group for adults living with lung disease and breathing disorders. A Copley Hospital and American Lung Association collaboration.

Diabetes Support Group

Thursdays January 24th, February 28th and

March 28th

6:30 – 7:30pm

Copley Hospital Wellness Center

Free

Call 888-8226

Diabetes Support Group is free and open to people with diabetes and their families. Meeting topics vary.

FREE SCREENINGS

3rd Thursday of each month, 12noon-1:00pm.

Blood sugar and blood pressure screenings,

United Church of Hardwick.

WOMEN'S HEALTH SERVICES TRANSITION



The Trustees of Copley Hospital and the Trustees of Community Health Services of Lamoille Valley (CHSLV) are pleased to announce that "The Women's Center" will officially become a Copley Hospital-owned practice as of December 28, 2012.

CHSLV currently operates "The Women's Center," which offers comprehensive obstetric and gynecological care from its clinic at 530 Washington Highway in Morrisville.

"The mid-wives already work so closely with the hospital that it makes sense to have them fully within the hospital," said Dana Wildes, Chair of Copley Hospital's Board of Trustees. "By bringing this service under the hospital, we continue to provide seamless women's health services



for all phases of a woman's life. It is important that we keep access to these services available and close to home."

802-888-8100

www.copleyvt.org/OBGYN

COPLEY REHABILITATION SERVICES



Rehabilitation services for people of all ages and abilities.

Therapists Heidi Wehr-Kubalova of Copley's Stowe Clinic and Craig Luce of Copley Rehab in Hardwick and Mansfield Orthopaedics.

Clinic Locations

Copley Hospital.....888-8303

Orthopaedics Rehabilitation/

Hand Therapy.....888-8634

Hardwick Physical Therapy.....472-6186

Copley Rehabilitation in Stowe.....888-8634

Therapies offered include:

- Physical • Occupational
- Speech • Hand • Aquatic
- Athletic Training • Pediatric
- Cardiac • Pulmonary
- Urinary Incontinence



COPLEY WOODLANDS



Independent Living in a Supportive Community

Now is a great time to act upon your retirement plans to secure an independent lifestyle in a friendly, supportive community. Stowe's premier retirement community offers leasing or ownership of spacious condos with prices starting at \$169,000.

Located in the heart of Stowe, Copley Woodlands provides close proximity to local establishments including the post office, art galleries, Stowe Free Library and a number of restaurants and shops as well as offers on-site management, dining services and an abundance of in-house activities and social events.

For more information on leasing opportunities, or ownership, contact Site Manager Penny Davis 802-253-7200 or visit copleywoodlands.com.

HEALTHY RECIPE

Holiday Pastry Puffs

A recipe provided by Copley's Executive Chef Steve Sprague.

Puff Preparations:

- 1 Cup Water
- 1 Stick Butter
- 1 Cup All Purpose Flour
- 1 Tablespoon Parsley; Chopped
- 1 Teaspoon Minced Garlic
- ½ Teaspoon Salt
- 1 Teaspoon Caraway Seeds
- 4 Eggs

Bring water and butter to a boil in a large sauce pan. Lower heat to medium. Add flour and spices all at once. Stir until it forms a smooth ball. Remove from heat and cool 10 minutes. Add eggs one at a time, beating after each one. Continue to beat until smooth and shiny.

Place rounded teaspoonfuls on greased cookie sheet. Bake at 400 degrees for 20 minutes. Cook on wire rack and cut a slit in each one right away.

Filling Preparations:

- 2 Packages Light Cream Cheese
- ½ Cup Mayonnaise
- ¼ Cup Non Fat Sour Cream
- 2 Teaspoons Horseradish Mustard
- ½ Teaspoon Garlic Powder
- 6 Ounces Thinly Sliced Cooked Corned Beef; Chopped
- 4 Scallions Thinly Sliced
- 12 Stuffed Green Olives; Chopped

Put the Cream Cheese, Mayonnaise, Sour Cream, Horseradish Mustard and Garlic Powder in a food processor. Puree for 1 minute. Scrape into a bowl. Add the remaining ingredients and blend well. Stuff into the Puffs and Refrigerate.

"Saving Money by Reducing ED Visits" continued from front page.

Call Your PCP First – Educating Patients on When to Go to the ED

Physicians participating in the Blueprint program and Copley Hospital will do more to educate patients on when to use the ED. Our shared goal is to have patients visit their primary care physician for non-emergency health care needs. In doing so, the patient may save money and reduce the cost of healthcare in the community overall. The Blueprint team is in the initial stages of developing this education material. Here are some guidelines:

You should go to the ED when you experience:

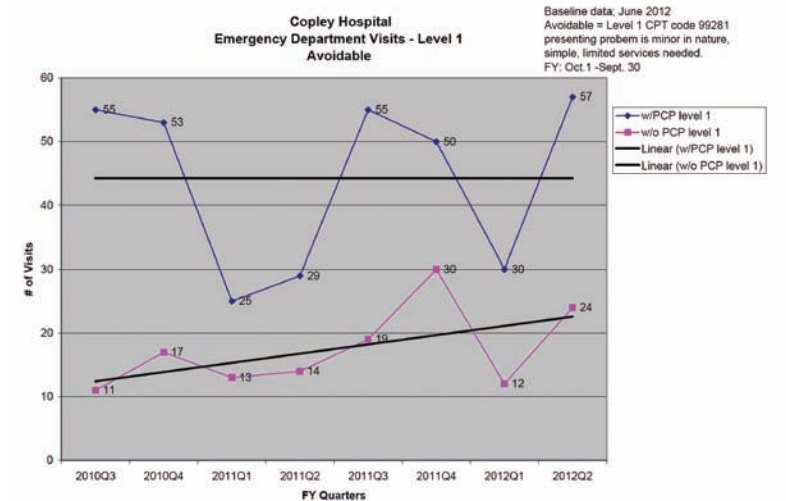
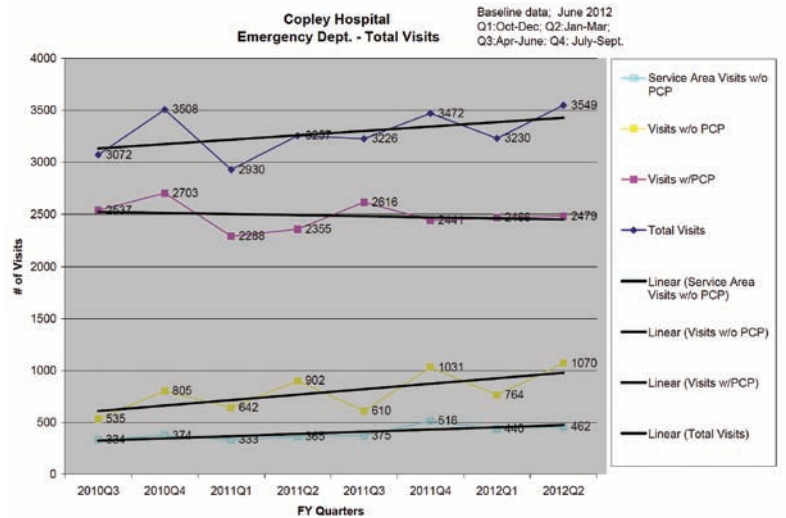
- Difficulty breathing, shortness of breath
- Chest or upper abdominal pain or pressure
- Fainting, sudden dizziness, weakness
- Sudden changes in vision
- Confusion or changes in mental status
- Any sudden or severe pain
- Uncontrolled bleeding
- Severe or persistent vomiting or diarrhea
- Severe or persistent coughing or vomiting
- Suicidal feelings
- Difficulty speaking
- Unusual abdominal pain
- Traumatic injury
- Severe or sudden hives, rash and /or swelling (allergic reaction)

This is not a complete list. If you are unsure, please call your PCP.

Call your PCP for non-emergency conditions such as:

- Sore throat
- A cold
- Earache
- Rash

In addition to the above activities, Copley Hospital continues to provide a discount and free care program. Copley's Patient Financial Counselor helps patients apply for various financial assistance programs to ensure access to needed health care.



PHYSICIAN DIRECTORY AND HOSPITAL SERVICES

Anesthesiology

Copley Hospital Medical Group Practice
 Joan Fox, CRNA 888-8888
 Travis Knapp, CRNA 888-8888
 Mirjam McCormack, MD 888-8888
 Chris Rohan, MD 888-8888

Birth Center/Obstetrics 888-8304

Cardiac/Pulmonary Rehabilitation 888-8230

Cardiology
 Copley Hospital Medical Group Practice
 Adam Kunin, MD 888-8372

Clinical Nutrition/Dietitian
 Copley Hospital Practice
 Rebecca Ainsworth, RD 888-8233

Dentistry
 Birchwood Dental Associates
 Murray Diner, DDS 334-6965

Diabetes Educator
 Copley Hospital Practice
 Nancy Wagner, RD, CDE 888-8226

Emergency Medicine
 Copley Hospital Medical Group Practice
 Jordice Corey, NP 888-8888
 Liam Gannon, MD 888-8888
 Jacqueline Goss, PA 888-8888
 Patrick Heaghey, MD 888-8888
 John Kaeding, MD 888-8888
 Neil Nigro, MD 888-8888
 Charles Osler, FNP 888-8888
 Adam Putnam, MD 888-8888
 Joseph Subasic, MD 888-8888
 Daniel Wolfson, MD 888-8888

Gastroenterology
 Independent Practice
 Joel Silverstein, MD 888-3111

General Surgery
 Green Mountain General Surgery
 C. Dyeanne Racette, MD 888-2311
 Brian Smale, MD 888-2311

Independent Practice
 Patricia Jaqua, MD 888-8888

Gynecology/Obstetrics
 Copley Hospital Medical Group Practice
 William Ellis, MD 888-8100
 Anne Stohrer, MD 888-8100
 Independent Practice
 Fred Rossman, MD 888-1966

Hospitalist Program

Apogee Physicians
 Robert Cochrane, MD 888-8173
 Patrick Keith, MD 888-8173

Internal Medicine
 Hardwick Health Center
 Brendan Buckley, MD 472-3300

Independent Practice
 Robert Kozub, MD 888-8888
 Henry Southall, MD 888-5000

Laboratory Services 888-8340

Medical Records 888-8352

Neurology
 Neurology Clinic (CHSLV)
 Jean Marie Prunty, MD 888-5688

Nurse Midwifery
 The Women's Center (CHSLV)
 Alexandra "Kipp" Bovey, CNM 888-8100
 Jackie Bromley, CNM 888-8100
 Marje Kelso, CNM 888-8100

Oncology & Cancer Care Program
 FAHC/Copley Hospital Oncology
 Outreach Clinic
 Susan Hooper, APRN 888-8372
 Julie Jae Olin, MD 888-8372

Ophthalmology
 Independent Practice
 Mark Iverson, MD 888-7077

Optometry
 Independent Practice
 David Garbutt, OD 888-3089

Orthopedics & Sports Medicine
 Mansfield Orthopaedics,
 a Copley Hospital Practice
 Brian Aros, MD 888-8405
 Laura Drenen, NP 888-8405
 Nicole Ernst, PA-C 888-8405
 Bryan Huber, MD 888-8405
 Leah Morse, PA-C 888-8405
 Eric Mullins, MD 888-8405
 Saul Trevino, MD 888-8405
 Nella Wennberg, PA-C 888-8405

Otolaryngology (Ear, Nose & Throat)
 Independent Practice
 Paul Julien, MD 334-9009

Pain Management

Independent Practice
 Anne Vitaletti-Coughlin, MD 888-8392

Patient and Family Services 888-8311

Pathology
 Independent Practice
 John Mech, MD 888-8340

Vermont Dermatopathology
 Catherine Antley, MD 658-6269

Pediatrics
 Ryder Brook Pediatrics
 Sarayu Balu, MD 888-2448

Pulmonology
 Northern Vermont Center for Sleep Disorders
 Veronika Jedlovsky, MD 888-8667

Quality Management 888-8351

Radiology
 Vermont Radiologists
 Richard Bennum, MD 888-8358
 Hartley Neel, MD 888-8358
 Candice Ortiz, MD 888-8358
 Robert Smith, MD 888-8358

Diagnostic Imaging (MRI/CT/Mammogram, etc.) 888-8358

Rehabilitation Services
 All Copley Hospital Practices
 Copley Hospital 888-8303
 Hardwick Physical Therapy 472-6186
 Orthopedics Rehabilitation /Hand Therapy 888-8634
 Copley Rehabilitation in Stowe 888-8634

Rheumatology
 Fletcher Allen Health Care Rheumatology
 Nicole Hynes, MD 847-4574

Sleep Medicine
 Northern Vermont Center for Sleep Disorders
 David Alsobrook, MD 888-8667
 Innocent Ezenwa, MD 888-8667
 Veronika Jedlovsky, MD 888-8667
 Elaine Robinson, NP 888-8667

Urology
 Copley Hospital Medical Group Practice
 Betsy Perez, MD 888-8372

Wellness Center 888-8369

Family Practice

Hardwick Health Center (NCHC)
 Mark Lichtenstein, MD 472-3300
 Sarah Morgan, MD 472-3300
 Peter Sher, MD 472-3300

Johnson – Independent Practice
 Christine Malcolm, FNP 635-7325
 Paul Rogers, MD 635-7325

Morrisville Family Health Care (CHSLV)
 Kim Bruno, MD 888-5639
 Allison Christie, MD, MPH 888-5639
 David Coddair, MD 888-5639
 Cheryl Holton, FNP 888-5639
 Philip Kiely, MD 888-5639
 David Roy, MD 888-5639

Morrisville – Independent Practice
 Gary Waring, MD 888-3096

Stowe Family Practice (CHSLV)
 Sepi Bazel, MD 253-4853
 David Bisbee, MD 253-4853
 Jed Lowy, NP 253-4853
 Katherine Marvin, MD 253-4853
 Melissa Volansky, MD 253-4853
 Angela Winchell, FNP 253-4853



COPLEY HOSPITAL

888-8888

www.copleyvt.org