

COPLEY HOSPITAL COURIER

The Newsletter of Copley Health Systems, Inc. • 528 Washington Highway, Morrisville, VT 05661 Winter 2014/2015

BOOST FOR TRANSITION IN CARE

Copley Hospital is focusing on making transitions in care as seamless and as effective as possible. Our clinicians are using a nationally recognized program called "Better Outcomes By Optimizing Safe Transitions" – BOOST for short – with our Medical/Surgical and Special Care Unit patients. The program is used as part of Copley's discharge planning process.

Discharge planning actually begins when the patient is first admitted. The patient's admitting nurse uses an 8-point risk assessment. Using the scores from these assessments, we can determine any concerns and/or risks that could make continued healing difficult once back home or in long term care or rehabilitation. By identifying concerns early, we can work to solve them while still hospitalized or provide for appropriate interventions after the patient has been discharged. For example, arranging Meals on Wheels to assist with meals or requesting a risk assessment to secure Home Health services once the patient returns home.

Communications play a key role throughout. When being discharged, a patient receives a written summary that lists key information. This information includes:

- Why they were hospitalized;
- List of medications they are taking and should continue to take, including information on medication they had been taking prior to hospitalization that was changed and/or stopped during their hospitalization;
- Date and time for follow-up appointment with their primary care physician (booked for them by a member of their Copley healthcare team);

Continued on back page.



ANNUAL MEETING COPLEY HEALTH SYSTEMS, INC.

Open to All

Monday, January 12th 5:30pm
Stonegrill Restaurant, Banquet Room,
Morrisville

Healthcare Reform

Guest speaker Bea Grause, Chief Executive Officer, Vermont Association of Hospitals and Health Systems

Join us in recognizing trustees Dana Wildes and John Steel for their years of service to Copley

Other Business

Election of Corporate Members
Election of Trustees
Election of Governance Committee Member at Large

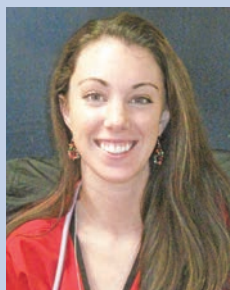
Your RSVP is encouraged so we may provide refreshments for all. Please call 888-8180

COPLEY CLOSE-UP



Matt Eagens
Plant Operations Director

Matt has extensive experience in operations management, project management and OSHA/Joint Commission Compliance.



Mackenzie Tyer, RN
Medical Surgical /Special Care Unit

Mackenzie's compassion along with her nursing skill is valued by her patients and their families.

Where did you grow up?

I grew up in Norristown, PA.

Where did you grow up?

I grew up in Marshfield, MA until I was 12 and then moved to Stowe.

What is your favorite food?

Hands down it's Pad Thai and Tom Kha Kai.

What is your favorite food?

Seafood and Italian are my favorite kinds of food; more specifically, I enjoy lobster or sushi.

What are your top three hobbies?

Triathlon, Fly Fishing and Backcountry Excursions

What are your top three hobbies?

I love to be outside and enjoy traveling. Swimming is my favorite in the summer. I also enjoy target shooting.

What is your favorite holiday and why?

Fourth of July, because it's symbolic of the time when I met my wife.

What is your favorite holiday and why?

It's a toss between Halloween because I have such fun childhood memories, and 4th of July because it's such a fun holiday and I love fireworks!

What is something about you that would be surprising to others?

I'm a 3-time Ironman Finisher; I climbed the Grand Teton and surfed the North Shore.

What is something about you that would be surprising to others?

I want to eventually be a flight nurse in a helicopter.

What makes Copley a special place to work?

The people I work with – they are genuine. The lifestyle - combining a rewarding work atmosphere with an outdoor recreation environment that suits me and my family's needs.

What makes Copley a special place to work?

Copley is such a close-knit community hospital. It allows me to really get to know my patients and their families.

What is Copley's greatest strength?

The quality and collaborative nature of the people I work with.

What is Copley's greatest strength?

How well people are willing to help one another out.

TRANSITIONS

With the new year, we wish general surgeon's Dyanne Racette, MD and Brian Smale, MD of Green Mountain General Surgery all the best as they close their practice at Copley. Over the past twelve years, Drs. Racette and Small were instrumental in rebuilding the general surgery program in our community, and provided tremendous service to our patients, to Copley, and to our community. We thank them and hope they enjoy many good years of health and happiness.



Three generations of Copley Laboratory Services Directors helped Laboratory Technician Carol Hayden celebrate her retirement. Carol worked nearly 40 years in Copley's lab. Pictured with Carol are Francis Favreau, David McLane and current Lab Director, Amy Shopland.

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COMMUNITY UPDATE

Trustees

- Henry Binder, MD**
Stowe
- Willa Farrell**
East Hardwick
- Walter Frame**
Stowe
- Sharon Green**
Morrisville
- Elaine Nichols**
Stowe
- Melvyn Patashnick, Copley CEO**
Morrisville
- Nancy Putnam, Chair**
Jeffersonville
- Janice Roy**
Wolcott
- David Silverman**
Morrisville
- John Steel**
Stowe
- Joseph Subasic, MD**
Wolcott
- Jamey Ventura**
Hyde Park
- Richard Westman**
Cambridge
- Dana Wildes**
Morrisville
- David Yacovone**
Morrisville

Senior Management Team

- Melvyn Patashnick**
President
- Leah Hollenberger**
Vice President Development, Marketing & Community Relations
- Rassoul Rangaviz**
Chief Financial Officer
- Carolyn Roe, RN**
Vice President Patient Care Services
- Joel Silverstein, MD**
Chief Medical Officer
- Greg Ward, RRT**
Vice President Operations

Our Vision

Copley Health Systems leads in providing lifelong comprehensive quality care with wellness at its core, and works collaboratively with our community to provide needed health care services.

Our Mission

Copley Hospital is a not-for-profit healthcare provider whose purpose is to improve the health status of the people of the community by providing the highest quality of care regardless of the ability to pay.

Our Core Values

- Compassion and respect for human dignity
- Commitment to professional competence
- Commitment to a spirit of service
- Honesty
- Confidentiality
- Good stewardship and careful administration

2015 will be an exciting year for Copley Hospital. We plan to break ground on a new surgical suite – the working heart of every hospital. We will be replacing our surgical suite to make every patient's path through care comfortable and seamless with facilities designed for workflow efficiency. We've worked carefully to combine this quality of care with Copley's tradition of strong financial stewardship. The new surgical suite will cost \$12.5 million. The project will be funded via a loan and working capital plus \$3.2 million in community support. We have already raised \$2.3 million in community support. Our Certificate of Need application is currently being reviewed by the Green Mountain Care Board.

Advancing Technology

We continue to build our electronic health record, with the Emergency Department scheduled to "go digital" in the Spring. We recently introduced our Hospital Patient Portal and our Physician Practice Patient Portal, providing patients with secure, online access to their medical records. You can learn more about our Patient Portals at www.copleyvt.org/PatientPortal.

We are updating our mammography suite to offer digital tomosynthesis, providing 3-dimensional images of the breast. Conventional digital mammography produces one image of overlapping tissue. Research on breast tomosynthesis in large populations consistently shows improved breast cancer detection rates and a decrease in call backs, which can lessen anxiety for patients.

Commitment to Quality

Copley Hospital's Echocardiography Laboratory was accredited in Adult Transthoracic Echocardiography by the Intersocietal Accreditation Commission (IAC). The IAC evaluates the skill of the technicians, type of testing equipment used, knowledge of the interpreting physicians, and quality and detail of the records. Copley is one of four hospitals in Vermont to achieve Echocardiography Laboratory accreditation.

Focus on Population Health

In the Emergency Department, we are referring patients without a primary care physician to a Blueprint for Health Care Coordinator. The Care Coordinator then assists the patient in securing a primary care physician. Since September 2012, Copley has referred more

than 460 patients for assistance in getting a primary doctor. Of those 460, Blueprint for Health officials confirmed 63% have been connected to a primary care physician. The premise of this effort is that if you have a primary care physician, your care is more coordinated and you are more likely to avoid using the Emergency Room for non-urgent problems.

Healthcare Reform

2015 also promises to be a challenging time as we continue to work with other providers and state and federal entities to balance quality care, affordability, and sustainability while we transform our healthcare system. Our core principles of healthcare reform are the foundation of every initiative as well as our day-to-day operations. These principles are:

- **Cost.** Focus should be on personal costs, not system costs.
- **Universal Coverage.** The system must be fair and equitable for every Vermonter.
- **Patient Rights, Patient Choice, Patient Access.** Patients should be able to choose their provider, be involved in deciding their treatment options, and have access to quality care close to home.
- **Healthy Vermonters.** Reform measures must focus on outcomes and improve the health of individual Vermonters.
- **The Economy.** Health care is an economic issue. Health care reform must also protect and strengthen the economy.

We want to make certain healthcare reform protects both patients and our economy – so every family and business is healthy and can prosper. We need your help in making sure our legislators, our town leaders and the Green Mountain Care Board understand how important Copley is to this community and for making sure care remains accessible.

Wishing you health and happiness in the New Year!

Mel Patashnick, President & CEO

"They saved my life. I was having a heart attack and I'm alive because of them. I can't thank the ER staff enough!"

It's important for our community to have access to outstanding health care. That's why we're including this friendly reminder.
Please make your gift today.



Your gift to Copley Hospital makes a critical difference. When a grandfather with Parkinson's can play cards with his grandchild thanks to our physical therapy program. When a mother can join her daughters for a walk after having hip replacement surgery. When our Emergency team minimizes the damage of a heart attack. When we welcome a baby into the world. Your support enables Copley to continue providing exceptional care.

It's a good feeling to know you're making a difference to the health of our community. Thank you in advance for your generosity.

Elaine Nichols Elaine Nichols, Stowe
Mike Cassidy Mike Cassidy, Greensboro
Jamey Ventura Jamey Ventura, Hyde Park
Peter Kramer Peter Kramer, Morrisville

Volunteers, Foundation Committee

Gifts to Copley Hospital's Annual Fund can be made online at www.copleyvt.org, by calling **802-888-8301**, or by completing the reply slip below and mailing it to **Copley Hospital Development Office, 528 Washington Highway, Morrisville, VT 05661.**



Your support helps us to be here when neighbors need us the most.

Return this card to:
Copley Hospital – Development
 528 Washington Highway
 Morrisville, VT 05661

Yes, I/we wish to support **Copley Hospital**

\$25 \$50 \$100 \$250 \$500 \$1,000 Other: _____

Check enclosed (Please make the check payable to **Copley Health Systems**) or Visa / Mastercard / American Express

Credit Card # _____ Expiration Date _____

Name _____

Address _____

Town _____ State _____ Zip _____

E-Mail _____

Check if you wish to remain anonymous

Please contact me

Please send me information on how to include Copley Hospital in my will

Copley Health Systems
 528 Washington Highway
 Morrisville, VT 05661
 802-888-8888
www.copleyvt.org

The Copley Courier is published three times a year by the Community Relations Department.

WELLNESS CALENDAR

A calendar of classes and screenings to help you live a healthier life
Register in advance online at copleyvt.org/wellnessclassesandevents
or call 888-8369 unless otherwise noted.

UNDERSTANDING HEALTH STATISTICS

One Time Book Discussion at Your Local Library

Book Title: "Know Your Chances: Understanding Health Statistics"

February 4th
3:30-5:00pm
Morristown Centennial Library
Call 888-3853 or 888-8347

Or

March 11th
6:00-7:30pm
Lanpher Memorial Library
Call 888-4628 or 888-8347

Presented by Copley Hospital and community libraries. Health messages can be confusing and misleading. The goal of this one time book discussion is to provide background information and tools on how to better understand what those numbers in health messages mean. Learn what questions to ask to see behind the hype to discover what the message is actually saying. Your reservation is necessary as we provide the book.

SUPPORT GROUPS

Diabetes Support Group

January 22nd, February 26th and March 26th
6:30 – 8:00pm
Copley Hospital Wellness Center
Free
Call 888-8369

Free and open to people with diabetes and their families. Meeting topics vary.

Alzheimer's Support Group

3rd Thursday of each month
4:00pm
Lamoille Home Health & Hospice
Call 888-4651

Spouses, families, and caregivers enjoy a safe, comfortable space to meet others who are experiencing similar challenges of caring for a loved one with Alzheimer's. Come share experiences, information and support.

DIABETES EDUCATION

You & Your Diabetes

1:1 Consultations

Call 888-8226 for an appointment

Diabetes can cause long-term health problems. Work 1:1 with Copley's Certified Diabetes Educator to learn how to control your blood sugar and reduce the impact diabetes can have on your health. Copley's Diabetes Educator works in coordination with your physician.

FOR A HEALTHIER YOU

Healthier Living Workshops

January 7th – February 11th
1:30-4:00pm
Morrisville Family Health Care

February 6th – March 13th
6:00-8:30pm
Hardwick Health Clinic

March 9th
5:30-6:30pm
Diabetes Prevention Program
Morrisville Family Health Care

A free program for anyone dealing with a chronic condition, including family members and caregivers.

You can feel better by learning:

- how to manage symptoms, medications and nutrition
- how to improve strength, flexibility and endurance
- how to communicate with health professionals, family, and friends

To register for the Healthier Living Workshop, or for more information regarding the classes, call 888-6026.

LIFE SKILLS

HeartSaver for Beginners

January 20th and
March 17th
6:30 – 8:30pm
Fee: \$30.00

This American Heart Association basic life support course covers adult, child, and infant CPR. Class also includes Automated External Defibrillator (AED) training.

AARP Smart Driver Class

January 12th and April 27th
8:30am - 1:00pm
Copley Hospital
Fee: \$15.00 AARP member
/ \$20.00 AARP non member

A one-day, four-hour course designed for drivers age 50 and older.

Recertification Class

February 17th and
April 21st
6:30 – 7:30pm
Fee: \$15.00

PARENTING PROGRAMS

Childbirth Education Classes

January 8th – February 5th
March 5th – April 2nd
6:00-8:00pm
Fee: \$110.00

(covered by most insurance plans)

Join other expectant parents for this five-week class. You'll gain knowledge, confidence and increased comfort so you can be actively involved in the birth experience.



Baby Shower for Pregnant Women

March 17th
4:30-6:00pm
Call 888-1357 to register

Come celebrate, chat with other parents, and talk about what you can do to be as safe and healthy as can be during your pregnancy. Topics include healthy eating, weight gain, breastfeeding, oral health, birthing information, and more. Bring your partner, friend or family member too! Offered by Copley Hospital and the Vermont Department of Health.

REHABILITATION PROGRAMS

Cardiac Rehabilitation

Call 888-8230 for an appointment

This twelve-week comprehensive outpatient program improves your quality of life following heart events.

Pulmonary Rehabilitation

Call 888-8230 for an appointment

If you live with a disease affecting the lungs, pulmonary rehabilitation can help you.

EXERCISE CLASS

Every Monday and Thursday
9:00-10:00am

Copley Woodlands, Stowe
Fee: \$25 for 10 sessions
Call 253-7200

A blend of strength training, balance, stretching and free weights.

WORKPLACE WELLNESS

Copley Hospital Community Health & Wellness will work with your team leaders to develop a customized program to encourage your employees to improve their overall health and identify risk reduction strategies. Working together, we can help your employees make healthier choices.

Services include:

- confidential computerized health assessment
- biometric screening to track height, weight, BMI, body fat, blood sugar, cholesterol, HDL and blood pressure
- personal confidential 1:1 sessions for employees with health coach to create goals/action plans
- stress management
- quit smoking, and more

Let Copley's Workplace Wellness Program help you create a healthier workforce.

888-8369

SAVE THE DATE!

Hilarious STOWE SQUARES REVIVAL

Saturday, Jan. 17th
8:00pm

The Rusty Nail, Mtn Rd, Stowe
Cover Charge; Proceeds Benefit
Copley Hospital
Call 253-6245

Stowe's hysterical, zany ADULT version of the "Hollywood Squares" featuring famous politically incorrect characters, Hollywood stars, and sports athletes returns during the Stowe Winter Carnival. Contestants picked randomly, great prizes! Come enjoy the laughs!

2015 Stowe Wine & Food Classic

Friday, Saturday, Sunday, June 13-15
Presented by Stowe Charities to benefit Copley Hospital

stowewine.com

Featuring Spanish wines, a farm-to-table dinner with wine pairings, the popular Grand Tasting and Blues, Brews and Food Truck Crews. Enjoy a more casual weekend of all the best Vermont has to offer paired with exquisite wines. Volunteers are needed; if interested, please call 802-888-8301.

Stowe
VERMONT
WINE & FOOD CLASSIC



2015 Copley Scramble

Saturday, July 11th
For all levels and experience!

THE GIFT OF GIVING

Supporting others in a time of need is a tradition at Copley. Every year, Copley employees collect food and toys to donate to the Lamoille Community Food Share and to the Lamoille Family Center to help make the holidays a little brighter for families in our community.



"Boost for Transition in Care," continued from front page

- Questions or tests they should ask their primary care physician about during that follow-up appointment;
- Instructions for what they need to do at home;
- Any symptoms to watch out for and what to do in the event they occur;
- A discharge nurse note and/or verbal report to help with timely handover communication.

After being discharged from the hospital, an RN calls the patient in a few weeks for follow-up and to answer any questions the patient may have. Our thanks to Nurse Director Donna Powell, Hospitalists Drs. Patrick Keith and Jennifer Peters, Patient and Family Services team of Claire Hancock and Sharon Robitille, along with Pharmacy Director Carrie Phillips and their staffs for their work in implementing this program for our patients' well-being.

MOVE OF THE MONTH

Quadriceps Stretch

Your quadriceps play a key role in everyday movement. Stretching your "quads" before and after performing an activity can help prevent injury. Before you start to stretch, certified athletic trainer Vin Faraci recommends that you warm up with a brisk walk, light jog, or with a few minutes on a stationary bike because a warmed up muscle stretches easier.

This stretch is done lying down and should be performed 2-3 times per side, holding each stretch for 20-30 seconds. Stretching should not be painful. If you experience pain while performing the stretch you are doing too much and should back off on the intensity.

- Lie on your right side
- Reach back and grasp your left leg, just above the ankle.
- Gently bend your knee by pulling your heel towards your buttocks
- Be sure to also pull your hip back and straighten your upper thigh
- Keep your thigh level to the ground; do not allow your knee to tilt upwards



Follow Copley's Move of the Month online at www.copleyvt.org/Rehabilitation

"Transitions," continued from front page

COPLEY WELCOMES SURGEONS MARK NUQUI, DO AND ANDREW SMITH, MD



Mark Nuqui, DO.
and Andrew Smith, MD

Copley welcomes two general surgeons, Mark Nuqui, DO and Andrew Smith, MD. They are already familiar to Copley patients as they have served as locums.

Dr. Nuqui completed his residency at Wyckoff Heights Medical Center in Brooklyn, New York, participated in an MIS/Bariatric Surgery Fellowship in Akron, Ohio, and participated in a research program at the Mount Sinai School of Medicine in New York, NY. While in residency he was presented with an Award of Excellence from the Nursing Department and was also honored with the Student Choice Award for Excellence in Teaching. Dr. Nuqui holds a Doctor of Osteopathic Medicine and is a member of the American College of Osteopathic Surgeons.

Dr. Smith completed his medical training at Hahnemann University School of Medicine, with commendations in pathology and surgery. He completed his residency in surgery at Easton Hospital in Easton, Pennsylvania. After serving for four years as a general surgeon in the U.S. Navy, he worked in private practice at a number of areas on the East Coast. He has been Vice Chairman of the Department of Surgery at St. Luke's Quakertown Hospital since 2012.

Drs. Nuqui and Smith see patients in our Outpatient Services Center.

PHYSICIAN DIRECTORY AND HOSPITAL SERVICES

Anesthesiology

Copley Hospital Medical Group Practice
 Ryan Austin, CRNA 888-8888
 John Bistrick, CRNA 888-8888
 Joan Fox, CRNA 888-8888
 Travis Knapp, CRNA 888-8888
 Chris Rohan, MD 888-8888

Birthing Center/Obstetrics 888-8304

Cardiac/Pulmonary Rehabilitation
888-8230

Cardiology

Copley Hospital Medical Group Practice
 Adam Kunin, MD 888-8372

Clinical Nutrition/Dietitian

Copley Hospital Practice
 Rebecca Ainsworth, RD 888-8233

Dentistry

Birchwood Dental Associates
 Murray Diner, DDS 334-6965

Diabetes Educator

Copley Hospital Practice
 Nancy Wagner, RD, CDE 888-8226

Emergency Medicine

Copley Hospital Medical Group Practice
 Adam Boise, NP 888-8888
 Jordice Corey, NP 888-8888
 Jacqueline Gallagher, PA 888-8888
 Liam Gannon, MD 888-8888
 Jacqueline Goss, PA 888-8888
 Patrick Heaghney, MD 888-8888
 John Kaeding, MD 888-8888
 Neil Nigro, MD 888-8888
 Charles Osler, FNP 888-8888
 Adam Putnam, MD 888-8888
 Joseph Subasic, MD 888-8888
 Rosanna Welton, PA-C 888-8888
 Daniel Wolfson, MD 888-8888

Gastroenterology

Independent Practice
 Joel Silverstein, MD 888-3111

General Surgery

Copley Hospital Medical Group Practice
 Patricia Irons Jaqua, MD 888-8372

Weatherby Physicians

Mark Nuqui, DO 888-8372
 Andrew Smith, MD 888-8372

Gynecology/Obstetrics

The Women's Center, a Copley Hospital Practice
 William Ellis, MD 888-8100
 Anne Stohrer, MD 888-8100

Independent Practice

Fred Rossman, MD* 888-1966
 *Gynecology Only

Independent Practice

Nancy Carlson, MD* 861-0200
 *Gynecology Only

Hospitalist Program

Apogee Physicians
 Patrick Keith, MD 888-8173
 Jennifer Peters, MD 888-8173

Internal Medicine

Hardwick Health Center
 Brendan Buckley, MD 472-3300

Independent Practice

Robert Kozub, MD 888-8888
 Henry Southall, MD 888-5000

Laboratory Services

888-8340

Medical Records

888-8352

Neurology

Neurology Clinic (CHSLV)
 Jean Marie Prunty, MD 888-5688

Nurse Midwifery

The Women's Center, a Copley Hospital Practice
 Alexandra "Kipp" Bovey, CNM 888-8100
 Jackie Bromley, CNM 888-8100
 Marje Kelso, CNM 888-8100

Oncology & Cancer Care Program

FAHC/Copley Hospital Oncology Outreach Clinic
 Susan Hooper, APRN 888-8372
 Julie Jae Olin, MD 888-8372

Ophthalmology

Iverson Eye Care
 Mark Iverson, MD 229-9554

Optometry

Green Mountain Eye Care
 Francis Pinard, OD 888-3089

Orthopedics & Sports Medicine

Mansfield Orthopaedics, a Copley Hospital Practice
 Brian Aros, MD 888-8405
 Laura Drenen, NP 888-8405
 Alexis Gagne, PA-C 888-8405
 Bryan Huber, MD 888-8405
 John C. Macy, MD 888-8405
 Joseph S. McLaughlin, MD 888-8405
 Leah Morse, PA-C 888-8405
 Saul Trevino, MD 888-8405
 Nella Wennberg, PA-C 888-8405

Otolaryngology

(Ear, Nose & Throat)
Independent Practice
 Paul Julien, MD 334-9009

Pain Management

Independent Practice
 Anne Vitaletti-Coughlin, MD 888-8392

Patient and Family Services

888-8311

Pathology

Independent Practice
 John Mech, MD 888-8340

Vermont Dermatopathology
 Catherine Antley, MD 658-6269

Pediatrics

Ryder Brook Pediatrics
 Sarayu Balu, MD 888-2448

Copley Hospital Birthing Center
 Diane Szlachetka, APRN, NNP-BC 888-8304

Appleseed Pediatrics (CHSLV)
 Adrienne Pahl, MD 888-7337

Pulmonology

Northern Vermont Center for Sleep Disorders
 Veronika Jedlovzsky, MD 888-8667

Quality Management 888-8351

Radiology

Vermont Radiologists
 Richard Bennum, MD 888-8358
 Hartley Neel, MD 888-8358
 Candice Ortiz, MD 888-8358
 Robert Smith, MD 888-8358

Diagnostic Imaging (MRI/CT/Mammogram, etc.) 888-8358

Rehabilitation Services

All Copley Hospital Practices
 Copley Hospital 888-8303
 Copley Rehabilitation in Stowe 888-8634
 Hardwick Physical Therapy 472-6186
 Orthopedics Rehabilitation/Hand Therapy 888-8634

Rheumatology

Fletcher Allen Health Care Rheumatology
 Nicole Hynes, MD 847-4574

Sleep Medicine

Northern Vermont Center for Sleep Disorders
 David Alsobrook, MD 888-8667
 Innocent Ezenwa, MD 888-8667
 Veronika Jedlovzsky, MD 888-8667

Urology

Copley Hospital Medical Group Practice
 Betsy Perez, MD 888-8372

Wellness Center 888-8369

Family Practice

Hardwick Health Center (NCHC)
 Mark Lichtenstein, MD 472-3300
 Sarah Morgan, MD 472-3300
 Peter Sher, MD 472-3300

Johnson - Independent Practice

Paul Rogers, MD 635-7325
 Christina Tourangeau, NP 635-7325

Morrisville Family Health Care (CHSLV)

Kim Bruno, MD 888-5639
 Allison Christie, MD, MPH 888-5639
 David Coddaira, MD 888-5639
 Cheryl Holton, FNP, CDE 888-5639
 Philip Kiely, MD 888-5639
 David Roy, MD 888-5639

Morrisville - Independent Practice

Gary Waring, MD 888-3096

Stowe Family Practice (CHSLV)

Clea James, MD 253-4853
 Katherine Marvin, MD 253-4853
 Robert Quinn, MD 253-4853
 Melissa Volansky, MD 253-4853
 Angela Winchell, FNP 253-4853

Stowe Personalized Medical Care

David Bisbee, MD 253-5020

Stowe Natural Family Wellness

Angela Robens, ND 253-2340

Independent Practice

Sara Norris, ND 860-3366

Health Here & Now

Art Gleiner, MD 249-1279

