

CHECK OUT NEW PATIENT PORTAL

Copley Hospital's new Patient Portal offers convenient, secure, 24/7 online access to your health information. We are in the process of rolling out all of the various tools for your use.

The Hospital Patient Portal provides access to: Inpatient Stay Records, ED Records, Procedures, Medications, Allergies, Lab and Test Results, Discharge Instructions.

The Physician Practice Portal serves patients of Copley-owned practices, including:

- The Women's Center
- Mansfield Orthopaedics
- Copley Hospital Medical Group (Patricia Jaqua, MD; Adam Kunin, MD & Betsy Perez, MD)

It provides access to: Summaries and Upcoming Appointments, Medications, Allergies, Lab and Test Results, Patient Education Information.

Sign up today by asking the hospital or practice registrar to activate your Patient Portal. You'll receive an email with a link to the Patient Portal. Check your email and use that link to launch the online Patient Portal. Follow the simple steps to activate your account.

After each admission to the hospital or each clinic appointment, a summary of your care will automatically be posted to your portal.

Already signed up? Access your portal at copleyvt.org/my-health-online



COPLEY CLOSE-UP

Joanne Rheume, RN



Joanne is Copley's Nurse Director of Emergency Services. Joanne joined us this summer, after more than 10 years with Fletcher Allen Health Care. She has extensive experience in critical care.

Where did you grow up?

I grew up in Burlington, Vermont

What is your favorite food?

I love steak, mashed potatoes, and peas!

Describe your typical Friday night.

Typically, I spend a relaxing night at home with my husband and our two dogs.

What are your top three hobbies?

Reading, playing with my dogs, and enjoying the great outdoors!

What is your favorite holiday and why?

Christmas. Lots of family time and everyone is in the giving spirit. My second favorite is the 4th of July because it's warm and means summer is here!

What is something about you that would be surprising to others?

I have six siblings and that's probably why I became so competitive and ambitious.

Why do you choose to work at Copley?

The staff at Copley have big hearts and are very passionate about what they do. The community is friendly and the landscape is beautiful!

What is Copley's greatest strength?

The people. Our staff provides excellent care.

Why did you pick your career?

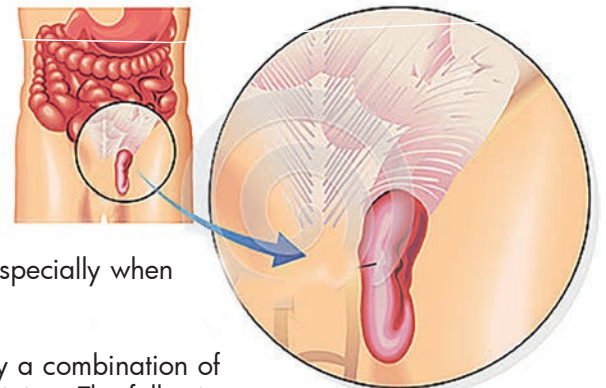
I like to help people. Nursing allows me to work in a lot of different job roles and help people in many different ways. The emergency setting allows me to have an immediate impact.

FOCUS ON: HERNIAS

by General Surgeon Patricia Jaqua, MD

A hernia is a weakness in the muscular wall through which an organ or fat pushes through. Hernias are common and affect men, women, and children. They happen in parts of the body including the abdomen, groin, and upper thigh area, and can happen around the belly button or a surgical incision. Hernias may develop suddenly or over time, and they can be painful.

Most hernias are not life threatening, but eventually, will require surgery to prevent complications. If a hernia can be pushed back in, it is called "reducible," and generally is not considered an emergency. A non-reducible hernia can become life threatening if part of the intestine gets trapped in the opening of the wall. The most common hernia is an "inguinal." Located in the groin, inguinal hernias can be painful especially when you cough, bend over, or lift a heavy object.



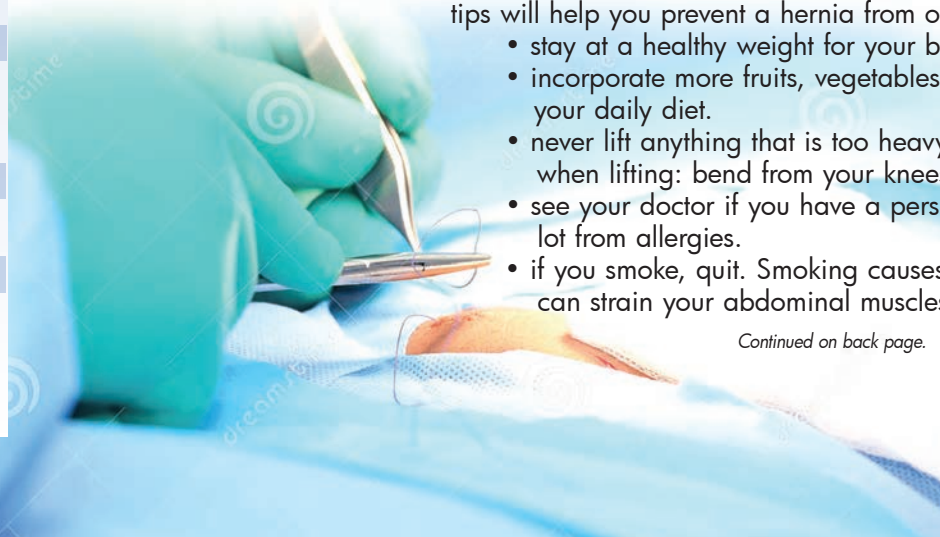
The majority of hernias are caused by a combination of muscle weakness and straining. The following tips will help you prevent a hernia from occurring:

- stay at a healthy weight for your body height and body type.
- incorporate more fruits, vegetables and whole grains as part of your daily diet.
- never lift anything that is too heavy. Use proper body mechanics when lifting: bend from your knees, not your waist.
- see your doctor if you have a persistent cough or if you sneeze a lot from allergies.
- if you smoke, quit. Smoking causes persistent coughing and this can strain your abdominal muscles.

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COMMUNITY UPDATE



As this goes to press, we are enjoying the fall and feeling the crisp air of the approaching autumn. I look forward to the new season, but am also grateful for the wonderful summer we had. It was eventful personally, with the birth of my second grandchild, and for Copley, as we filed for a Certificate of Need to build a new Surgical Suite. The new Surgical Suite will replace our current ORs which date back to 1979; a project we have talked about for a long time.

Construction will cost \$12.5 million, the bulk of which Copley will cover with working capital and a loan. We are seeking \$3.2 million in community support. The new suite will provide our patients and our clinicians with a facility that promotes optimal outcomes and smooth efficiency.

Reducing Medical Radiation Copley is actively reducing exposure to medical radiation. We've done so by utilizing both new cardiology stress testing protocols and the technological advances made possible by our new Gamma Camera which we were able to purchase thanks to community support. The new "Stress-First Protocol" has lowered radiation exposure by as much as 75% for some patients. With the "Stress-First Protocol," cardiologist Dr. Adam Kunin examines an image of a patient's heart after exercise before deciding if another image is needed when the patient's heart is at rest. We are also using "Definity," an echocardiography (heart ultrasound) contrast agent, that enables us to obtain the best possible images of the heart. Our thanks to Dr. Kunin, Nuclear Medicine Technician Hannah Paradee, Cardiac Sonographer Bryna Bailey, Stress Technician Erin Niles, and Practice Manager Treva Southworth for these accomplishments on behalf of our patients.

Healthcare Reform Copley continues to work collaboratively within the Blueprint for Health Program, the OneCare Vermont Accountable Care Organization (ACO), and the Community Health Accountable Care ACO. We have several quality initiatives underway to improve patient outcomes while also reducing the cost of care. We have been focusing on reducing readmissions to the hospital by improving our communication processes with other providers and helping ensure medication reconciliation occurs again after discharge. We are also working collaboratively to better manage the 40 or so frequent visitors to our Emergency Department. These patients use the Emergency Department frequently for care. We've learned that they are complex patients, that also utilize primary care frequently as well. Blueprint Care Coordinators in each primary care practice and hospital personnel are working closely with these patients to help reduce the need for emergency care. Copley's readmission rate is below the national rate already, but with these initiatives, we believe we can reduce it further.

FY2015 Budget and Certificate of Need The Green Mountain Care Board (GMCB) approved Copley's FY2015 budget. Copley did not request a rate increase. We are projecting \$61,111,237 in total operating revenue, with \$59,527,135 in total expenses. That leaves us with a net operating revenue of \$1,584,102. I testified to the GMCB with CFO Rassoul Rangavis and Debra Dorain, Director of Budget and Reimbursement. During the testimony, we were asked to describe the hospital in the future. We described Copley remaining, as we are now, active as a community hospital, providing services needed by the population we serve.

Healthcare Reform is a three-legged stool: quality, access, and affordability. Copley, along with all of Vermont's hospitals, has worked for years improving quality and access; we continue, as a state, to struggle with affordability. Recent data from OneCare Vermont and the Blueprint for Health shows that the Copley Hospital Service Area, overall, is the lowest cost area in the state for the Medicare population, with utilization below the national norm and a higher use of home health services.

Our Certificate of Need application is winding its way through the GMCB's process. We are in the Question and Answer phase of the process. We have responded to their questions and understand that our building design and construction plans are being reviewed. We've been told this process can take 3 to 6 months. Once we receive approval, we will begin construction as soon as possible. Once our shovel hits the ground, construction should be completed in 18 months. Our new surgical suite will be a direct replacement of existing services (3 operating rooms and 2 procedure rooms) to meet current Facility Guideline Institute (FGI) guidelines for healthcare code, space and utility requirements. The State of Vermont recognizes the latest FGI Guidelines as their Healthcare Code.

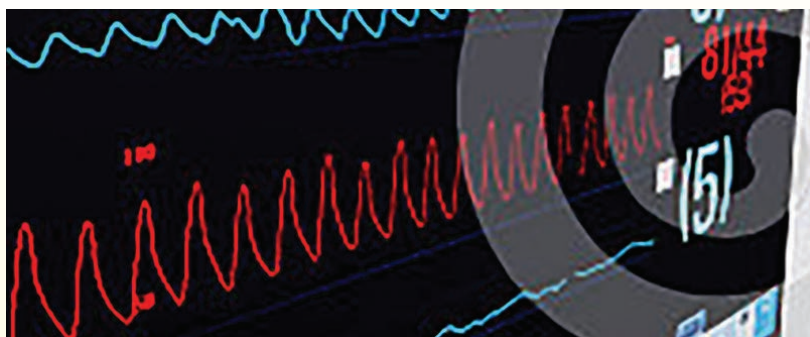
When considering Healthcare Reform, Copley believes there are several key mandates. It must:

- address the issues around the cost of care for the people in our community
- support universal coverage for all, but at a price our community members can afford
- protect the relationship between a patient and their doctor
- provide individuals access to high quality providers in their community

Hospitals are some of the state's largest employers; Copley is one of the largest year-round employers in Lamoille County. It is important that Healthcare Reform protects both patients and our economy – so that every family and business is healthy and can prosper.

Regards

Melvyn Patashnick, CEO



THANK YOU!

Donations to our FY2014 Annual Fund enabled Copley to purchase new cardiac monitors for the Emergency Department and our Post-Anesthesia Care Unit (PACU). A \$12,000 gift from Stowe Charities, Inc., raised at the Stowe Wine & Food Classic, equipped our Birthing Center with a "brady/apnea" monitor used with late pre-term newborns.

Trustees

Henry Binder, MD
Stowe

Willa Farrell
East Hardwick

Walter Frame
Stowe

Sharon Green
Morrisville

Elaine Nichols
Stowe

Melvyn Patashnick, CEO
Morrisville

Nancy Putnam, Chair
Jeffersonville

Janice Roy
Wolcott

David Silverman
Morrisville

John Steel
Stowe

Joseph Subasic, MD
Wolcott

Jamey Ventura
Hyde Park

Richard Westman
Cambridge

Dana Wildes
Morrisville

David Yacovone
Morrisville

Senior Management Team

Melvyn Patashnick
President

Jennifer Archambault, MSM, PHR
Vice President Human Resources

Leah Hollenberger
Vice President Development, Marketing & Community Relations

Terry Khan
Vice President Physician Practices and Hospital Practice Management

Rassoul Rangaviz
Chief Financial Officer

Carolyn Roe, RN
Vice President Patient Care Services

Joel Silverstein, MD
Chief Medical Officer

Greg Ward, RRT
Vice President Operations

Our Vision

Copley Health Systems leads in providing lifelong comprehensive quality care with wellness at its core, and works collaboratively with our community to provide needed health care services.

Our Mission

Copley Hospital is a not-for-profit healthcare provider whose purpose is to improve the health status of the people of the community by providing the highest quality of care regardless of the ability to pay.

Our Core Values

- Compassion and respect for human dignity
- Commitment to professional competence
- Commitment to a spirit of service
- Honesty
- Confidentiality
- Good stewardship and careful administration

Copley Health Systems
528 Washington
Highway
Morrisville, VT 05661
802-888-8888
www.copleyvt.org

The Copley Courier is published three times a year by the Community Relations Department.



Your support helps us to be here when neighbors need us the most.

Return this card to:
Copley Hospital – Development
528 Washington Highway
Morrisville, VT 05661

Yes, I/we wish to support **Copley Hospital**

\$25 \$50 \$100 \$250 \$500 \$1,000 Other: _____

Check enclosed (Please make the check payable to **Copley Health Systems**) or Visa / Mastercard / American Express

Credit Card # _____ Expiration Date _____

Name _____

Address _____

Town _____ State _____ Zip _____

E-Mail _____

Check if you wish to remain anonymous

Please contact me

Please send me information on how to include Copley Hospital in my will

FOCUS ON: QUALITY

Copley Pilots Pharmacy-Driven Med Reconciliation

Medication reconciliation (“med reconciliation”) is a process during which a patient’s current home medication history is compared to their hospital provider’s admission, transfer, and discharge orders to identify and evaluate discrepancies that could affect the patient.

Med reconciliation involves talking with a patient to get a thorough medication history and compiling an accurate home medication list. It takes, on average, 20 minutes to do so. If the patient is a poor historian or unable to communicate, that time increases significantly, putting the collector of such critical information in the position of investigating and clarifying medication information.

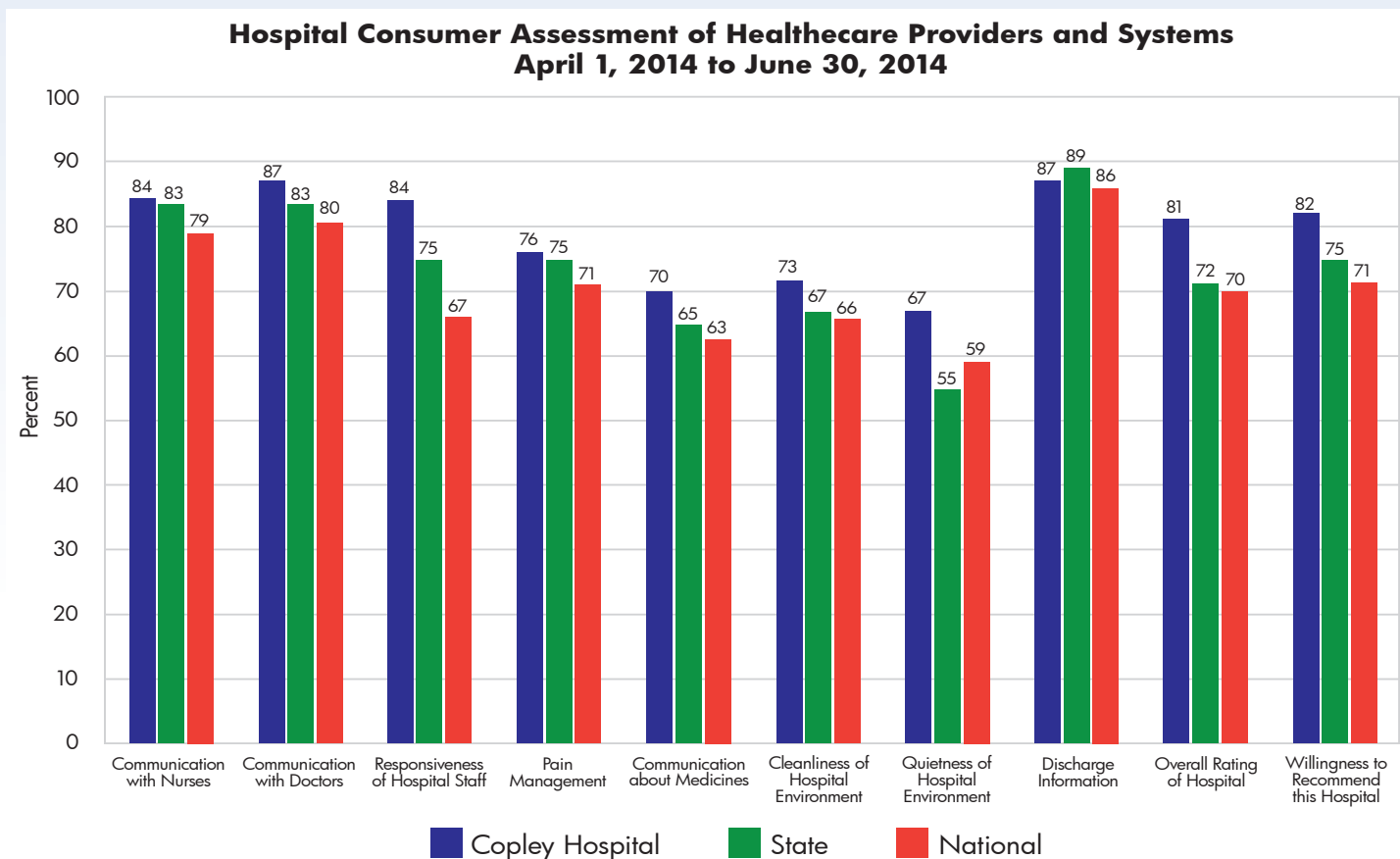
In October 2013 Copley Hospital began a pharmacist-driven medication reconciliation pilot project involving our scheduled surgery patients. Previously, scheduled surgery patients' medication history and entry of information into our electronic medical records system was initiated by pre-admit nursing staff via telephone interview with subsequent pharmacist review. This process led to significant numbers of clarifications to produce an accurate, final med list and resulted in additional phone calls to patients and occasional delays.

By having a pharmacist conduct the med reconciliation interview with the patient, we were able to significantly increase the accuracy of the initial medication history and medication list. We reduced the number of needed clarifications by 99%, resulting in fewer delays and greater efficiency.



Copley Pharmacist Meg Morris

The Centers for Medicare and Medicaid Services (CMS) and the federal department of Health and Human Services developed the Hospital Consumer Assessment of Healthcare Providers and Systems (HCAHPS). The HCAHPS is a national standardized survey for collecting data from inpatients regarding their perception of the care received and publicly reporting the statistics online quarterly at www.hospitalcompare.hhs.gov. The inpatients are asked to rate their experience as sometime or never; usually or always. We share Copley’s HCAHPS data with a graph comparing the number of “always” responses for Copley, the state of Vermont and hospitals nationally.



ALS ICE BUCKET CHALLENGE



Earlier this month Copley department managers and senior leaders volunteered to be “dumped” on by nearly 40 staff members for the ALS Ice Bucket Challenge. Staffers donated money to the ALS Association for the opportunity. The event produced good spirits, lots of laughs, and a number of wet bodies when all was said and done. Huge thanks to those who participated including the many spectators. In total, staff raised \$450.00 for the ALS Association. You can see the video on Copley Hospital’s Facebook Page.

FROM OUR PATIENTS:

Michael Cassidy, Waterville

“They saved my life. I was having a heart attack right in the ER and I’m here because of them. I can’t thank Copley’s ER staff enough.”

William Haines, Worcester

“I am appreciative of the professional care provided by Betsy and Steve in your Pulmonary Rehabilitation Program. Their understanding of my diagnosis and selection of appropriate exercises have improved my situation. I have high regard for their work.”

Michael Tibbits, Pittsburg, NH

“Everyone from the surgical team, nursing staff and LNAs to housekeepers, food service and registration were upbeat and positive. The staff at Copley exemplifies professionalism. I left Copley with a positive attitude and confidence because of the care I received. I appreciate all that Copley’s staff did for me.”

AVOIDING THE FLU

Simple things can help you avoid catching the flu and help prevent it from spreading.

- Stay away from people who are sick
- Stay home from work or school if you are sick
- Wash your hands often to stop the spread of germs
- Avoid touching your eyes, nose, and mouth
- Drink plenty of water and eat nutritious meals
- Get the flu vaccine. The CDC recommends everyone 6 months of age and older get vaccinated, but especially those who are at high risk or living/caring for someone at high risk. People considered high risk are those living in nursing homes or long-term care facilities, and/or who have medical conditions such as asthma, heart disease, diabetes, chronic lung disease or a weakened immune system.



MOVE OF THE MONTH

with certified athletic trainer **Vin Faraci**

Tightness in the calf and Achilles tendon can contribute to lower leg issues such as shin splints, Achilles tendonitis, and plantar fasciitis. These injuries are common in sports that involve running and/or repeated jumping. Faraci recommends the following stretches be performed 2-3 times on both sides of the body, holding each stretch for 20-30 seconds each.

Calf Stretch

- Place your hands on a wall at about shoulder height.
- Step back about 12 inches with your right foot and step forward 12 inches with your left foot.
- Lean forward and allow your left knee to slightly bend.
- Keep your right foot flat on the floor and keep your knee straight.
- Continue to lean forward until you feel a stretching sensation in your upper right calf.

Achilles Stretch

- Place your hands on a wall at about shoulder height.
- Step back about 6 inches with your right foot and step forward 12 inches with your left foot.
- Lean forward and allow your left knee to slightly bend.
- Keep your right foot flat on the floor and bend your right knee.
- Continue to bend your right knee and lean forward until you feel a stretching sensation in your Achilles just above your heel.



Follow Copley's Move of the Month online at:

www.copleyvt.org/Rehabilitation

NEWBORNS SCREENED FOR HEART DISEASE

Copley's Birthing Center tests every newborn for Phenylketonuria (also called PKU) and checks their hearing. Newborns also get a pulse oximetry, a test that checks for critical congenital heart disease (CCHD). CCHD is the most common type of birth defect. It can affect the way blood flows through the heart.

The bedside test uses a sensor on the baby's skin to measure how much oxygen is in their blood. It helps identify babies affected with CCHD before they leave the hospital. That's important because some babies with CCHD look and act healthy at birth but develop serious complications days later. If test results are outside of the normal range, the Birthing Center nurse notifies the baby's doctor so that they may evaluate further before the baby leaves the hospital. The screening does not replace a complete history and physical examination performed by the baby's doctor.

Early signs of critical congenital heart disease include:

- loss of healthy skin color
- rapid or troubled breathing
- swelling or puffiness in the face, hands, feet, legs or areas around the eyes
- shortness of breath or tires easily during feeding
- sweating around the head, especially during feeding
- poor weight gain

For more information on Copley Birthing Center's team of providers visit:

www.copleyvt.org/BirthingCenter



WORK CONDITIONING HELPS INJURED RETURN TO JOB

Copley Hospital's Work Conditioning Program helps people return to work safely after a workplace injury. Copley Physical Therapist Steve Hayes explains that the program is individually tailored; simulating movements the person needs on the job. "If the individual's primary work duty involves lifting and stocking," explains Steve, "their conditioning program would include learning proper lifting techniques and placing different weights on shelving at different heights." In addition to strengthening and conditioning, participants learn about body mechanics and ergonomics to help prevent re-injury.

Work Conditioning is one of many services available through Copley Hospital Rehabilitation Services. For more information visit :

www.copleyvt.org/Rehabilitation or call 888-8303.



WELLNESS CALENDAR

A calendar of classes and screenings to help you live a healthier life

Register in advance online at copleyvt.org/wellnessclassesandevents or call 888-8369

SUPPORT GROUP

Diabetes Support Group

October 23rd, December 4th

6:30 – 8:00pm

Copley Hospital Wellness Center

Free

Call 888-8226

Free and open to people with diabetes and their families. Meeting topics vary.

Alzheimer's Support Group

3rd Thursday of each month

4:00pm

Lamoille Home Health & Hospice

Call 888-4651

Spouses, families, and caregivers enjoy a safe, comfortable space to meet others who are experiencing similar challenges of caring for a loved one with Alzheimer's. Come share experiences, information and support.

DIABETES EDUCATION

You & Your Diabetes

1:1 Consultations

Call 888-8226 for an appointment

Diabetes can cause long-term health problems. Work 1:1 with Copley's Certified Diabetes Educator to learn how to control your blood sugar and reduce the impact diabetes can have on your health. Copley's Diabetes Educator works in coordination with your physician.

FOR A HEALTHIER YOU

Healthier Living Workshops



October 16th – November 20th

1:00-3:30pm

Morrisville Family Health Care

A free program for anyone dealing with a chronic condition, including family members and caregivers.

You can feel better by learning:

- how to manage symptoms, medications and nutrition
- how to improve strength, flexibility and endurance
- how to communicate with health professionals, family, and friends

To register for the Healthier Living Workshop, or for more information regarding the classes, call 888-6026.

LIFE SKILLS

HeartSaver for Beginners

November 18th

6:30 – 8:30pm

Fee: \$30.00

This American Heart Association basic life support course covers adult, child, and infant CPR. Class also includes Automated External Defibrillator (AED) training.

Recertification Class

October 21st

6:30 – 7:30pm

Fee: \$15.00

AARP Smart Driver Class

November 10th and January 12th

8:30am - 1:00pm

Copley Hospital

Fee: \$15.00 AARP member

/ \$20.00 AARP non member

A one-day, four-hour course designed for drivers age 50 and older.

PARENTING PROGRAMS

Childbirth Education Classes

October 30th – December 11th

6:00-8:00pm

Fee: \$110.00

(covered by most insurance plans)

Join other expectant parents for this six-week class. You'll gain knowledge, confidence and increased comfort so you can be actively involved in the birth experience. You'll also learn basic infant CPR and valuable nutritional information for mom and newborn.

Infant CPR & Nutritional Information

December 11th

6:00-8:00pm

Fee: \$10.00

Learn basic infant CPR instruction and nutritional information.



Baby Shower for Pregnant Women

December 2nd

4:30-6:00pm

Call 888-1357

to register

Come celebrate, chat with other parents, and talk about what you can do to be as safe and healthy as can be during your pregnancy. Topics include healthy eating, weight gain, breastfeeding, oral health, birthing information, and more. Bring your partner, friend or family member too! Offered by Copley Hospital and the Vermont Department of Health.



REHABILITATION PROGRAMS

Cardiac Rehabilitation

Call 888-8230 for an appointment

This twelve-week comprehensive outpatient program improves your quality of life following heart events.

Pulmonary Rehabilitation

Call 888-8230 for an appointment

If you live with a disease affecting the lungs, pulmonary rehabilitation can help you.

EXERCISE CLASS

Every Monday and Thursday

9:00-10:00am

Copley Woodlands, Stowe

Fee: \$25 for 10 sessions

Call 253-7200

A blend of strength training, balance, stretching and free weights.

AUXILIARY AUTUMN LUNCHEON

Come see the stylish clothes available at the Second Chance Thrift Store with members of the Copley Hospital Auxiliary at their upcoming autumn luncheon. The event includes a quick business meeting including an update on the hospital, the fashion show and door prizes.

Date: October 20th

Location: Stonegrill Restaurant, Banquet Room in Morrisville

10:15am

Tickets are \$12.50

Reservations are needed by October 13th;

R.S.V.P. to Lois Keith at 888-3701

or Carol Chanania at 793-0037



THANKSGIVING BAKE SALE

The Copley Hospital Auxiliary will have lots of pies and other homemade goodies at the annual pre-Thanksgiving Bake Sale. Tuesday, November 25th 9:00am – 1:00pm Copley Hospital Art Gallery.



COPLEY WOODLANDS

Independent Living in a Supportive Community



"Copley Woodlands is a wonderful place to be. You feel very secure and have your privacy."

Ann Williams, Resident

"At Copley Woodlands, my mom has her life and loves her apartment. She is well taken care of and very, very happy."

Ann's daughter, Camilla Behn

Leasing and ownership options available. Take a tour and see how you can enjoy independent living in a supportive community.



Call us today... (802) 253-7200 www.copleywoodlands.com
125 Thomas Lane, Stowe, Vermont

HEALTHY RECIPE

Country Style Baked Omelet

Compliments of Copley's Executive Chef Steve Sprague

Ingredients

- 2 medium size Yukon gold potatoes
- 2 medium size red skin potatoes
- 2 thick cut slices of apple wood smoked bacon
- 2 Tbsp olive oil or butter
- 1 medium size red onion, diced
- 1 medium size yellow onion, diced
- 4 ounces sharp cheddar cheese, diced
- 8 eggs
- 1 cup milk (lowfat)
- ½ cup grated parmesan cheese
- 1 Tbsp chopped fresh thyme leaves
- Salt and pepper; salt optional
- ¼ tsp nutmeg



Quarter the potatoes lengthwise and steam for 15 minutes. Don't cook so much that they fall apart. Remove from heat and cool. Cook the bacon until crisp, drain and blot on paper towel. Discard the fat. When cooled, cut up into small pieces. Heat the olive oil (or butter) in a medium size sauté pan. Cook the onions 5 minutes stirring occasionally. Add the bacon and cook another 2-3 minutes. Remove from the heat.

Put the potatoes, onions and bacon in an 8" x 12" glass casserole dish that has been sprayed with olive oil. Scatter the diced cheddar cheese on top. In a bowl, beat together the eggs, milk, parmesan and seasonings. Pour over the potato bacon mixture and bake at 325 degrees for about 45 minutes. Allow to set for 10 minutes before slicing.

Serve with a green salad or a caprese salad.

"Focus on Hernias" continued from front page.

Talk to your doctor if you notice a bulge or swelling in your groin, abdomen, scrotum, or thigh. Your doctor can confirm a hernia through a physical examination. While the only cure is surgery, you may be advised by your doctor to limit activity, lose weight or to wear a truss or binder for temporary relief.

Dr. Jaqua is one of three general surgery specialists who provide care at Copley Hospital. Her clinic is located in the hospital's Outpatient Services Center.



WHAT'S THAT FLAG?

Copley recently flew a Donate Life flag in honor of a recent organ and/or tissue donor. The flag was flown for an entire week before being sent to the family as a token of appreciation for their loved one's gift of life. For more information on how to become an organ or tissue donor visit:

www.DonateLifeVT.org

PHYSICIAN DIRECTORY AND HOSPITAL SERVICES

Anesthesiology

Copley Hospital Medical Group Practice
 Ryan Austin, CRNA 888-8888
 John Bistrick, CRNA 888-8888
 Joan Fox, CRNA 888-8888
 Travis Knapp, CRNA 888-8888
 Chris Rohan, MD 888-8888

Birth Center/Obstetrics 888-8304

Cardiac/Pulmonary Rehabilitation 888-8230

Cardiology
Copley Hospital Medical Group Practice
 Adam Kunin, MD 888-8372

Clinical Nutrition/Dietitian
Copley Hospital Practice
 Rebecca Ainsworth, RD 888-8233

Dentistry
Birchwood Dental Associates
 Murray Diner, DDS 334-6965

Diabetes Educator
Copley Hospital Practice
 Nancy Wagner, RD, CDE 888-8226

Emergency Medicine
Copley Hospital Medical Group Practice
 Adam Boise, NP 888-8888
 Jordice Corey, NP 888-8888
 Jacqueline Gallagher, PA 888-8888
 Liam Gannon, MD 888-8888
 Jacqueline Goss, PA 888-8888
 Patrick Heaghney, MD 888-8888
 John Kaeding, MD 888-8888
 Neil Nigro, MD 888-8888
 Charles Osler, FNP 888-8888
 Adam Putnam, MD 888-8888
 Joseph Subasic, MD 888-8888
 Daniel Wolfson, MD 888-8888

Gastroenterology
Independent Practice
 Joel Silverstein, MD 888-3111

General Surgery
Copley Hospital Medical Group Practice
 Patricia Irons Jaqua, MD 888-8372

Green Mountain General Surgery
 C. Dyeanne Racette, MD 888-2311
 Brian Smale, MD 888-2311

Gynecology/Obstetrics
The Women's Center, a Copley Hospital Practice
 William Ellis, MD 888-8100
 Anne Stohrer, MD 888-8100

Independent Practice
 Fred Rossman, MD* 888-1966
 *Gynecology Only

Hospitalist Program

Apogee Physicians
 Patrick Keith, MD 888-8173
 Jennifer Peters, MD 888-8173

Internal Medicine
Hardwick Health Center
 Brendan Buckley, MD 472-3300

Independent Practice
 Robert Kozub, MD 888-8888
 Henry Southall, MD 888-5000

Laboratory Services 888-8340

Medical Records 888-8352

Neurology
Neurology Clinic (CHSLV)
 Jean Marie Prunty, MD 888-5688

Nurse Midwifery
The Women's Center, a Copley Hospital Practice
 Alexandra "Kipp" Bovey, CNM 888-8100
 Jackie Bromley, CNM 888-8100
 Marje Kelso, CNM 888-8100

Oncology & Cancer Care Program
FAHC/Copley Hospital Oncology Outreach Clinic
 Susan Hooper, APRN 888-8372
 Julie Jae Olin, MD 888-8372

Ophthalmology
Independent Practice
 Mark Iverson, MD 888-7077

Optometry
Independent Practice
 Francis Pinard, OD 888-3089

Orthopedics & Sports Medicine
Mansfield Orthopaedics, a Copley Hospital Practice
 Brian Aros, MD 888-8405
 Laura Drenen, NP 888-8405
 Nicole Ernst, PA-C 888-8405
 Alexis Gagne, PA-C 888-8405
 Bryan Huber, MD 888-8405
 John C. Macy, MD 888-8405
 Joseph S. McLaughlin, MD 888-8405
 Leah Morse, PA-C 888-8405
 Saul Trevino, MD 888-8405
 Nella Wennberg, PA-C 888-8405

Otolaryngology (Ear, Nose & Throat)
Independent Practice
 Paul Julien, MD 334-9009

Pain Management
Independent Practice
 Anne Vitaletti-Coughlin, MD 888-8392

Patient and Family Services 888-8311

Pathology
Independent Practice
 John Mech, MD 888-8340

Vermont Dermatopathology
 Catherine Antley, MD 658-6269

Pediatrics
Ryder Brook Pediatrics
 Sarayu Balu, MD 888-2448
Copley Hospital Birthing Center
 Diane Szlachetka, APRN, NNP-BC 888-8304

Appleseed Pediatrics (CHSLV)
 Adrienne Pahl, MD 888-7337

Pulmonology
Northern Vermont Center for Sleep Disorders
 Veronika Jedlovzsky, MD 888-8667

Quality Management 888-8351

Radiology
Vermont Radiologists
 Richard Bennum, MD 888-8358
 Hartley Neel, MD 888-8358
 Candice Ortiz, MD 888-8358
 Robert Smith, MD 888-8358

Diagnostic Imaging (MRI/CT/Mammogram, etc.) 888-8358

Rehabilitation Services
All Copley Hospital Practices
 Copley Hospital 888-8303
 Copley Rehabilitation in Stowe 888-8634
 Hardwick Physical Therapy 472-6186
 Orthopedics Rehabilitation/Hand Therapy 888-8634

Rheumatology
Fletcher Allen Health Care Rheumatology
 Nicole Hynes, MD 847-4574

Sleep Medicine
Northern Vermont Center for Sleep Disorders
 David Alsobrook, MD 888-8667
 Innocent Ezenwa, MD 888-8667
 Veronika Jedlovzsky, MD 888-8667

Urology
Copley Hospital Medical Group Practice
 Betsy Perez, MD 888-8372

Wellness Center 888-8369

Family Practice
Hardwick Health Center (NCHC)
 Mark Lichtenstein, MD 472-3300
 Sarah Morgan, MD 472-3300
 Peter Sher, MD 472-3300

Johnson - Independent Practice
 Paul Rogers, MD 635-7325
 Christina Tourangeau, NP 635-7325

Morrisville Family Health Care (CHSLV)
 Kim Bruno, MD 888-5639
 Allison Christie, MD, MPH 888-5639
 David Coddair, MD 888-5639
 Cheryl Holton, FNP, CDE 888-5639
 Philip Kiely, MD 888-5639
 David Roy, MD 888-5639

Morrisville - Independent Practice
 Gary Waring, MD 888-3096

Stowe Family Practice (CHSLV)
 Clea James, MD 253-4853
 Jed Lowy, NP 253-4853
 Katherine Marvin, MD 253-4853
 Robert Quinn, MD 253-4853
 Melissa Volansky, MD 253-4853
 Angela Winchell, FNP 253-4853

Stowe - Independent Practice
 David Bisbee, MD 253-5020

Stowe Natural Family Wellness
 Angela Robens, ND 253-2340

Health Here & Now
 Art Gleiner, MD 249-1279



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