The Newsletter of Copley Health Systems, Inc. • 528 Washington Highway, Morrisville, VT 05661

Fall 2013

COMMUNITY SUPPORT HELPS COPLEY PURCHASE GAMMA CAMERA

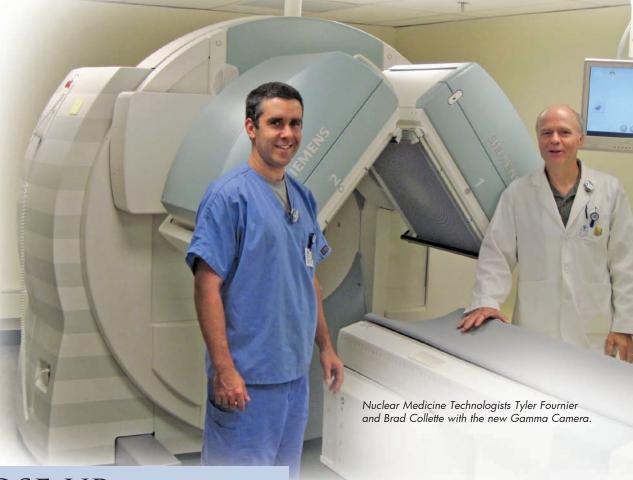
The week of August 5th was an exciting time with the arrival of our new Gamma Camera. The Gamma Camera is a common diagnostic imaging tool used to determine the function of various organs within the body.

Copley was able to purchase the Gamma Camera thanks to the support of more than 560 donors to Copley's Annual Fund, including a donation from Stowe Charities, Inc. from the 2013 Stowe Wine & Food Classic.

Copley cardiologist Dr. Adam Kunin uses the camera during cardiac stress tests to help evaluate his patients during exercise and at rest. The camera creates a 3D image of the heart, enabling Dr. Kunin to gauge blood flow to the heart muscle. It is also a key diagnostic tool for oncologist Julie Olin, MD and neurologist Jean Marie Prunty, MD.

How does it work? Radiopharmaceuticals are administered to the patient, usually intravenously (IV), and images are taken of the organ of interest. The images are stored on a computer and displayed on the monitor for the physicians to read.

For patients, the camera's newer technology means reduced imaging time, higher quality imaging and the smallest radiation dose available.



COPLEY CLOSE-UP



Dr. Macy joined Copley's Mansfield Orthopaedics in September, having previously been in private practice for thirteen years. He specializes in treating disorders and injuries of the shoulder including arthritis, instability, rotator cuff tears, shoulder replacement and reconstruction.

Where did you grow up?

I grew up in Franklin Lakes, N.J., a small suburban town close to NYC.

What is your favorite food?

I love fresh PEI mussels; marinated, grilled swordfish, and a cold pint of Guinness.

What are your hobbies?

My favorite hobbies are mountain biking, back-country skiing and mountain biking (yes, I said that twice!).

Describe your typical Friday night.

A typical Friday night for me involves working late, then dinner with my wife and family, if they have not eaten yet, then falling asleep during a movie.

What is your favorite holiday and why?

My favorite holiday is Fourth of July. I love watching the Burlington fireworks from our boat on a warm summer night with friends and family all around.

What is something about you that would be surprising to others?

Something that others would be surprised about me is.... I pass out whenever I give blood. I love to operate, just can't stand someone trying to get blood out of me.

Why do you choose to work at Copley?

I work at Copley because of the staff and their dedication to getting the job done right the first time and their commitment to putting the patient first. All of my patients are treated like family, and that is how I would want to be treated if I was on the receiving end of health care.

Jordice (Jordy) Corey, NP

Jordy is our Informatics Clinician-Nurse Practitioner. She has both clinical skills and expertise in information systems. She works collaboratively across the hospital to ensure our electronic health record (EHR) is efficient. She works closely with our Hospitalists and also provides care to patients in our Emergency Department.

Where did you grow up?

I grew up in southwestern Connecticut for the most part. My family moved from Connecticut to Stowe where I finished high school.

What is your favorite food?

Lately, my favorite food has been lightly salted cucumber wedges. I do like chocolate though!

What are your top three hobbies?

Working on my new home - it's a 'fixer upper' and probably will be my only hobby for the next few years, aside from spending time with my 3yr old daughter, Charlotte, who always makes me smile. (I know, 'wait until she's a teenager,' right?)

Describe your typical Friday night.

My typical Friday night: if I'm not working, then I'd say a workout, a nice dinner with good red wine and maybe a movie. (Seems a little boring on paper doesn't it?!)

What is your favorite holiday and why?

My favorite holiday is Christmas. I have a lot of fun putting time and thought into gift giving - it can be challenging too!

What is something about you that would be surprising to others?

I'm really a 'Southern Belle'..... I'm originally from Chattanooga, TN and still have lots of family there.

Why do you choose to work at Copley?

I enjoy being part of improving the health and wellbeing of my local community. Copley provides a wealth of expertise and highly skilled health care in a home town setting - that's pretty special.

A PERSONLIZED SOLUTION TO KNEE PAIN

Mansfield Orthopaedic's Bryan Huber, MD is the first surgeon in Vermont to offer a new knee implant that is custom-designed for each patient. The implant, called the ConforMIS iTotal CR[®], is designed to treat patients with damage to all three compartments of the knee.

The procedure starts with a CT Scan of the patient's knee that is converted into a 3D representation of their knee. This virtual model is used to create an individualized implant, designed to mimic the natural shape of the patient's femur and tibia. The unique shape of the knee affects how it moves when bending and flexing. The implant's personalized fit and restoration of anatomic alignment results in a knee that feels more

Continued on back page

Inside

Community Updatepage
Hospital Report Cardpage
Wellness Classespage
Healthy Recipepage

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Willa Farrell East Hardwic

Walter Frame

Sharon Green, Secretary
Morrisville

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Terry Khan Vice President Physician Practices and Hospital Practice Management

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Carolyn Roe, RN Vice President Patient Care Services

Joel Silverstein, MD

Greg Ward, RRT Vice President Operations

Our Vision

Copley Health Systems leads in providing lifelong comprehensive quality care with wellness at its core, and works collaboratively with our community to provide needed health care services.

Our Mission

Copley Hospital is a not-for-profit healthcare provider whose purpose is to improve the health status of the people of the community by providing the highest quality of care regardless of the ability to pay.

Our Core Values

· Compassion and respect for human dignity Commitment to professional competence Commitment to a spirit of service Confidentiality

Good stewardship and careful administration

OMMUNITY UPDATE

As this goes to press, we are still enjoying the last, fleeting days of summer and embracing the approach of autumn. Like the seasons, health care is ever evolving. Copley is working hard to meet both federal and state expectations for health care reform. I hope you'll join me at the upcoming Community Forum where I will be happy to answer your questions.

Shared Decision Making (SDM) Copley's Mansfield Orthopaedics is working collaboratively with Informed Medical Decision Foundation of Boston, MA to improve the decision-making capabilities of patients and to encourage more informed, preference-based patient choice. Terry Khan, Copley's Vice President of Physician Practices, is leading the research project, which will measure the effectiveness of patient decision aids to determine if they improve a patient's comprehension of their condition and treatment options. Our physicians have always discussed treatment options with their patients to help patients make the best decision for their personal situation. This project will formalize the SDM process and will track metrics on patient satisfaction and the outcomes of the process and help identify any process improvements. SDM is one of the leading quality indicators for Accountable Care Organizations.

Dr. Liam Gannon has been named Chief of Emergency



Medicine, taking over as Dr. John Kaeding steps down from his long tenure. Dr. Gannon is known by many of you for his emergency care, but some know him from his previous position as a family practice physician at Hardwick Health Center. Compassionate, he is known for his excellent bedside manner with patients young and old, particularly in times of great vulnerability. Among the projects Dr. Gannon will shepard will be the ED's move from paper files to an electronic health record

(EHR). Please join me in thanking Dr. Kaeding for his many years of leadership service. Although Dr. Kaeding has decided to step down as Chief, he will continue to provide emergency care for Copley's patients.

Welcoming New Clinicians to Copley General surgeon Patricia Irons Jaqua, MD has joined the Copley Hospital Medical Group Practice, working in our Outpatient Services Center. Dr. Jaqua has more than 20 years of general surgery and has practiced at numerous hospital facilities in Vermont and New Hampshire. Dr. Jaqua has office hours Monday –Thursday from 9:30am to 4:00pm and patients may schedule appointments by calling 888-8372.

We welcome upper extremity specialists John Macy, MD and Joseph McLaughlin, MD, and trauma specialist Ryan Duffy, MD to Mansfield Orthopaedics. Dr. Macy had been in private practice for 13 years, performing a significant portion of his surgical care at Copley. Dr. Macy specializes in treating disorders and injuries of the shoulder including arthritis, rotator cuff tears and joint replacement and reconstruction. Dr. McLaughlin is excited about returning to Vermont, having served at Agility Orthopedics in MA. He specializes in treating the upper extremities, including hand, wrist, elbow and the shoulder. Dr. Duffy recently finished his residency at Fletcher Allen Health Care and will be with us for a year before he leaves to complete an orthopedic fellowship. He will work closely



Joseph McLaughlin, MD Ryan Duffy, MD join Brian Aros, MD; Bryan Huber, MD and Saul Trevino, MD at Mansfield Orthopaedics.

with our Emergency Department physicians to manage patients with orthopedic injuries. Patients may schedule appointments with physicians in our Mansfield Orthopaedics practice by calling 888-8405.

EHR Update Electronic Health Records (EHRs) are ever evolving. I'm happy to report that, having introduced

new EHR software in our cardiology and urology outpatient clinics last fall, we are ready to attest. Attestation is the formal submission to the Federal Government that you have met specific benchmarks of EHR documentation which are collectively called "meaningful use". In addition, The Women's Center, after becoming a Copley Hospital-owned practice in December, worked to customize their EHR to meet Copley's needs. All three practices will be included in the upcoming attesting process. Clinical staff at Mansfield Orthopaedics is currently training on the new EHR, with an anticipated go-live date in September. We appreciate our Outpatient clinical staff and our IT team for their ongoing collaboration.

Remembering the Freemans I am saddened to share news of the recent passing of Mrs. Doreen Freeman. Mrs. Freeman and her husband Houghton, known also as "Buck," contributed greatly to the health of our community. Over the years, the Freemans helped Copley purchase key diagnostic imaging equipment and supported nursing education. We are grateful for the support they gave Copley, enabling the hospital to continue to meet our community's health needs.

Auxiliary Celebrates Second Chance Thrift Store 35th Anniversary and Welcomes New Gift Shop Manager Please join me in recognizing the extraordinary group of volunteers that make up the Copley Hospital Auxiliary. The Auxiliary operates the Second Chance Thrift Store on Brigham Street and the Gift Shop located in the main lobby of the hospital. Proceeds from both shops benefit Copley Hospital. I hope you'll stop by Second Chance on October 4 to participate in the anniversary celebration (see page 4 for details). Former Stowe High School Librarian and Home Economics teacher Deb Wheeler was one of the original volunteers at Second Chance when it opened in 1978. Deb retired from Stowe High School two years ago and is looking forward to volunteering again. She is taking on a new role, serving as the volunteer manager of the Gift Shop. Many thanks to former volunteer Gift Shop manager Susan Burrill for her years of service and to interim manager Lenore Randolph and the Gift Shop volunteers for their extra efforts during the transition. I hope you'll stop by both outlets to browse and thank all our volunteers for their ongoing support.

Vermont Health Connect As of October 1, Vermont Health Connect the state's new insurance exchange website, will be live. Vermont Health Connect promises to make it easier to compare the benefits and costs of each available plan. Every plan offered through Vermont Health Connect must offer basic services – also known as Essential Health Benefits– including checkups, emergency care, mental health services and prescriptions. Young adults up to age 26 can stay on their parents' health plan. To learn more about how you can find health insurance coverage, go to vthealthconnect@state.vt.us.

Melvyn Patashnick President & CEO

Copley Health Systems 528 Washington Highway Morrisville, VT 05661 802-888-8888 www.copleyvt.org

The Copley Courier is published quarterly by the Community **Relations Department.**

HOSPITAL

Your support helps us to be here when neighbors need us the most.

Return this card to: **Copley Hospital – Development** 528 Washington Highway Morrisville, VT 05661

Yes. I/we wish to support Copley Hospital

□ \$25	□ \$50	□ \$100	□ \$250	□ \$500	□ \$1,000	Other:		_
Check	enclosed	(Please mal	ke the check	payable to	Copley Heal	th Systems) or Visa	/ Mastercard / /	American Express

State

Credit Card # Expiration Date Address

☐ Check if you wish to remain anonymous ☐ Please send me information on how to include Copley Hospital in my will ☐ Please contact me

WELLNESS CENTER

A calendar of classes and screenings to help you live a healthier life

Register in advance online at copleyvt.org/wellnessclassesandevents

SUPPORT GROUP

Breathe Easier Support Group

Wednesdays October 9th, November 13th and December 11th 3:00 to 5:00pm

Free

Call 888-8637 to register

A monthly support group for adults living with lung disease and breathing disorders. A Copley Hospital and American Lung Association collaboration.

Diabetes Support Group

Thursdays September 26th, October 24th, December 5th 6:30 – 8:00pm Copley Hospital Wellness Center Free Call 888-8226

Diabetes Support Group is free and open to people with diabetes and their families. Topics for our fall meetings include: progression of type 2 diabetes, importance of exercise, and healthy eating during the holidays.

DIABETES EDUCATION

You & Your Diabetes

1:1 Consultations
Call 888-8226 for an appointment

Diabetes can cause long-term health problems. Work one on one with Copley's Certified Diabetes Educator to learn how to control you blood sugar and reduce the impact diabetes can have on your health. Copley's Diabetes Educator works in coordination with your physician.

FOR A HEALTHIER YOU

Healthier Living Workshops

The Healthier Living Workshop is an evidenced-based program that has been established to improve your quality of life, and reduce unscheduled visits to your healthcare provider and admissions to the hospital.

Classes are free and available in Cambridge, Hardwick, Morrisville and Stowe. All classes are open to family members and caregivers.

You can feel better by learning:

- how to deal with frustration, pain, fatigue, and isolation
- exercise techniques for maintaining and improving strength, flexibility, and endurance; use of medications
- how to communicate with health professionals, family, and friends
- nutrition and healthy lifestyles...and more!

To register for the Healthier Living Workshop, or for more information regarding the classes call 888-6026.

Chronic Pain Self-Management Workshop

Beginning in January Cambridge Health Center

Call 888-6026 to register or for more information

If you live with chronic pain, this class can help you better manage your condition. During this six-week class we'll debunk myths, create an action plan that works for you, improve your fitness through exercise, discover coping techniques for emotions and fatigue, and help you better manage your sleep, healthy eating and medications.

Tobacco Cessation Class

Call 888-6008 for class listing and to register

It can be hard to quit smoking, but there is help when you're ready to quit. This free four-week session will help teach you how to quit smoking for good. Free nicotine replacement will be available to participants.

Ready or Not, to Quit Smoking?

December 19th

Stowe Family Practice, noon-1:00pm Morrisville Family Health Care, 4:00-5:00pm Call 888-6008 for more information or to register

Quitting smoking is the single most important thing you can do to improve your health. Come learn more about the benefits, common concerns and methods to successfully quit smoking. Are you ready to quit smoking?

LIFE SKILLS

HeartSaver for Beginners November 26th 6:30 to 8:30pm Fee: \$30.00 Recertification Class October 22nd 6:30 to 7:30pm Fee: \$15.00

This American Heart Association basic life support course covers adult, child, and infant CPR. Class also includes Automated External Defibrillator (AED) training.

AARP Smart Driver Class

October 14th and November 11th
8:30am to 1:00pm
Copley Hospital
Fee: \$15.00 AARP member
/\$20.00 non member
This one-day, four-hour course is designed for

drivers age 50 and older.

PARENTING PROGRAMS

Childbirth Education Classes

October 24th - December 12th 6:00 - 8:00pm

Fee: \$110.00 (covered by most insurance plans)
Join other expectant parents for this six-week class.
You'll gain knowledge, confidence and increased
comfort so you can be actively involved in the birth
experience. You'll also learn basic infant CPR
and valuable nutritional information for mom
and newborn.

HypnoBirthing

Contact Jessilyn Dolan, RN, CLD, CMT, CIMI, HBCE for more information.

email: rielysmom@yahoo.com

A class that teaches relaxation and self hypnosis techniques for a safe and comfortable birthing through guided imagery, visualization, and special breathing.

Infant CPR and Nutrition Education

October 24th 6:00 - 8:00pm Fee: \$10.00

Learn basic infant CPR instruction and nutritional information.

Baby Shower

December 3rd 4:30 - 6:00pm Call 888-1357 to register

As an expecting mother, you want the best for you and your baby. Come celebrate, chat with other parents, and talk about what you can do to be as safe and healthy as can be. Topics include healthy eating, weight gain, breastfeeding, oral health, birthing information and more. Bring your partner, friend or family member too! Offered by Copley Hospital and the Vermont Department of Health.

REHABILITATION PROGRAMS

Cardiac Rehabilitation

Call 888-8230 for an appointment

This twelve-week comprehensive outpatient program improves your quality of life following heart events.

Pulmonary Rehabilitation

Call 888-8230 for an appointment

If you live with a disease affecting the lungs, pulmonary rehabilitation can help you.

Copley's Community Forum All are invited!

Thursday, September 26th 5:30pm Stonegrill Restaurant, Banquet Room RSVP 888-8302



COPLEY WOODLANDS

Independent Living in a Supportive Community



Located in the heart of Stowe, Copley Woodlands provides close proximity to local establishments including the post office, art galleries, Stowe Free Library and a number of restaurants and shops as well as offers on-site management, dining services and an abundance of in-house activities and social events.

For more information on leasing opportunities, or ownership – condos starting at \$130,000, contact Site Manager Penny Davis 802-253-7200 or visit copleywoodlands.com.

"When my parents decided to sell their house and move, it was a relief to me that they didn't choose to move far away. My siblings and I feel fortunate that our parents decided to move to Copley Woodlands. My mother is very well taken care of and very, very happy there."

Camilla Behn, daughter of Ann Williams (Resident)

YOU'RE INVITED

Copley Hospital Auxiliary Events

Fall Luncheon Monday, October 21st 10:00am

This annual luncheon is open to anyone interested in learning more about Copley Hospital Auxiliary. For more information contact Lois Keith 888-3701 or Edna Snow at 888-3788.

"Pre-Thanksgiving" Bake Sale Tuesday, November 26th 9:30am – 1:00pm Stevens Conference Room, Health Center Building

Let someone else make that pie or bread for your Thanksgiving meal.

Enjoy the many homebaked goods prepared for your special holiday. Breads, pies, cakes, cookies, canned goods and more. Proceeds of the bake sale benefit Copley Hospital.

HEALTHY RECIPE

and Cider Bisque Compliments of Copley's Executive Chef Steve Sprague

Butternut Squash

Ingredients

- 1 Large Butternut Squash, (about 3 pounds)
- 2 Medium Potatoes
- 2 Tart Apples; Granny Smith, Honey Crisp
- 1 Sweet Potato
- 1 Small Jar Roast Red Peppers; Drained
- 1 Tablespoon Minced Ginger Root
- 2 Teaspoons Ground Cardamom
- 4 Tablespoons Olive Oil
- 3 Cups Fresh Apple Cider
- 2 Cans Lite Coconut Milk

Toasted Sliced Almonds or Pumpkin Seeds

Peel the squash with a vegetable peeler. Cut in half lengthwise and remove the seeds. Peel the potatoes. Peel and core the apples. Dice everything in 1" cubes. Heat the oil in a heavy bottomed soup pot. Saute the ginger and cardamom for about 2 minutes; until fragrant. Add the squash, potatoes, apples and peppers. Saute another 5-10 minutes. Add the cider and coconut milk. Lower the heat and simmer 45 minutes. Puree with a blender. Garnish bowls of soup with the toasted almonds or pumpkin seeds.

Serves 6-8 people.

26TH ANNUAL COPLEY SCRAMBLE RAISES \$15,000 FOR CHARITABLE CARE

Seventy-six spirited golfers enjoyed a fun-filled day at the Copley Country Club on July 13th. Copley extends gratitude to the many local and regional businesses who supported the event through sponsorship, prizes and in-kind donations.

Congratulations to our overall Tournament Team Winner with the lowest gross score: Bob Fair, Dan Hudson, Peter Kipp and Brian Niemi; a team of friends from the Hardwick/Greensboro area.



Second Place Team, lowest gross score (Pictured): Walt Frame, Ben Heckory, Bill Hunt and Paul Richey; a team representing Trapp Family Lodge.

"A Personlized Solution to Knee Pain" continued from front page

like the patient's natural knee. It takes about seven weeks for each custom implant to be created. Precise placement of the implant is made using new surgical technique.

"Because it is individually designed to conform precisely to the patient's unique anatomy, patients are finding that it feels more like their natural knee," said Dr. Huber. "Everyone is different, but the majority of patients are experiencing quicker recovery, less blood loss, less swelling, and less pain than traditional knee replacements."

Dr. Huber explains that there are a number of treatment options available for end stage knee arthritis. "We work with each patient to make sure they understand all of their options; including the benefits and the risks of each, so that they make an informed decision."

PHYSICIAN DIRECTORY AND HOSPITAL SERVICES

Anesthesiology

Copley Hospital Medical Group Practice Ryan Austin, CRNA 888-8888 888-888 Joan Fox, CRNA 888-888 Travis Knapp, CRNA 888-888 Chris Rohan, MD 888-888

888-8304 **Birthing Center/Obstetrics**

Cardiac/Pulmonary Rehabilitation 888-8230

Cardiology

Copley Hospital Medical Group Practice Adam Kunin, MD 888-8372

Clinical Nutrition/Dietitian

Copley Hospital Practice 888-8233 Rebecca Ainsworth, RD

Birchwood Dental Associates 334-6965 Murray Diner, DDS

Diabetes Educator

Copley Hospital Practice Nancy Wagner, RD, CDE 888-8226

Emergency Medicine

Copley Hospital Medical Group Practice Jordice Corey, NP 888-888 Liam Gannon, MD 888-888 888-888 Jacqueline Goss, PA Patrick Heaghney, MD 888-888 John Kaeding, MD 888-888 Neil Nigro, MD 888-888 Charles Osler, FNP 888-888 Adam Putnam, MD 888-888 Joseph Subasic, MD 888-888 Daniel Wolfson, MD 888-888

Gastroenterology

Independent Practice Joel Silverstein, MD 888-3111

General Surgery

Copley Hospital Medical Group Practice Patricia Irons Jaqua, MD 888-8372

Green Mountain General Surgery

888-2311 C. Dyeanne Racette, MD Brian Smale, MD 888-2311

Gynecology/Obstetrics

The Women's Center, a Copley Hospital Practice William Ellis, MD

888-8100 888-8100 Anne Stohrer, MD Independent Practice Fred Rossman, MD* 888-1966 *Gynecology Only

Hospitalist Program Apogee Physicians

888-8173 Robert Cochrane, MD Patrick Keith, MD 888-8173

Internal Medicine Hardwick Health Center

Brendan Buckley, MD 472-3300 Independent Practice Robert Kozub, MD 888-888 Henry Southall, MD 888-5000 888-8340 **Laboratory Services**

Neurology

Neurology Clinic (CHSLV) Jean Marie Prunty, MD 888-5688

888-8352

Nurse Midwifery

Medical Records

The Women's Center, a Copley Hospital Practice Alexandra "Kipp" Bovey, CNM 888-8100 Jackie Bromley, CNM 888-8100 Marje Kelso, ČNM 888-8100

Oncology & Cancer Care Program

FAHC/Copley Hospital Oncology Outreach Clinic

Susan Hooper, APRN 888-8372 Julie Jae Olin, MD 888-8372

Ophthalmology Independent Practice

Mark Iverson, MD 888-7077

Optometry Independent Practice

David Garbutt, OD 888-3089

Orthopedics & Sports Medicine

Mansfield Orthopaedics,

a Copley Hospital Practice 888-8405 Brian Aros, MD Laura Drenen, NP 888-8405 Ryan Duffy, MD 888-8405 888-8405 Nicole Ernst, PA-C Bryan Huber, MD 888-8405 John C. Macy, MD 888-8405 Joseph S. McLaughlin, MD 888-8405 888-8405 Leah Morse, PA-Č Saul Trevino, MD 888-8405 Nella Wennberg, PA-C

Otolaryngology (Ear, Nose & Throat)

Independent Practice 334-9009 Paul Julien, MD

Pain Management Independent Practice

Anne Vitaletti-Coughlin, MD 888-8392

Patient and Family Services 888-8311

Pathology Independent Practice John Mech, MD 888-8340 Vermont Dermatolpathology Catherine Antley, MD 658-6269

Pediatrics

Ryder Brook Pediatrics Śarayu Balu, MD 888-2448

Pulmonology

Northern Vermont Center for Sleep Disorders Veronika Jedlovszky, MD 888-8667

888-8351 **Quality Management**

Radiology

Vermont Radiologists Richard Bennum, MD 888-8358 888-8358 Hartley Neel, MD Candice Ortiz, MD 888-8358 888-8358 Robert Smith, MD

Diagnostic Imaging (MRI/CT/Mammogram, etc.) 888-8358

Rehabilitation Services

All Copley Hospital Practices 888-8303 Copley Hospital Hardwick Physical Therapy 472-6186 Orthopedics Rehabilitation 888-8634 /Hand Therapy Copley Rehabilitation in Stowe 888-8634

Rheumatology

Fletcher Allen Health Care Rheumatology Nicole Hynes, MD 847-4574

Sleep Medicine

Northern Vermont Center for Sleep Disorders David Alsobrook, MD 888-8667 Innocent Ezenwa, MD 888-8667 Veronika Jedlovzsky, MD 888-8667 Elaine Robinson, NP 888-8667

Urology

Copley Hospital Medical Group Practice Betsy Perez, MD 888-8372 888-8372

888-8369 **Wellness Center**

Family Practice

Hardwick Health Center (NCHC) 472-3300 Mark Lichtenstein, MD

Sarah Morgan, MD 472-3300 Peter Sher, MD 472-3300

Johnson – Independent Practice Paul Rogers, MD

635-7325 Christina Tourangeau, NP 635-7325

Morrisville Family Health Care (CHSLV) 888-5639 Kim Bruno, MD Allison Christie, MD, MPH 888-5639 David Coddaire, MD 888-5639 Cheryl Holton, FNP, CDE 888-5639 888-5639 Philip Kiely, MD

888-5639 David Roy, MD Morrisville - Independent Practice

Gary Waring, MD 888-3096

Stowe Family Practice (CHSLV) Sepi Bazel, MD

253-4853 Jed Lowy, NP 253-4853 Katherine Marvin, MD 253-4853 Robert Quinn, MD 253-4853 Melissa Volansky, MD 253-4853 Angela Winchell, FNP 253-4853

Stowe – Independent Practice

David Bisbee, MD 793-8865

888-888 www.copleyvt.org

888-8405